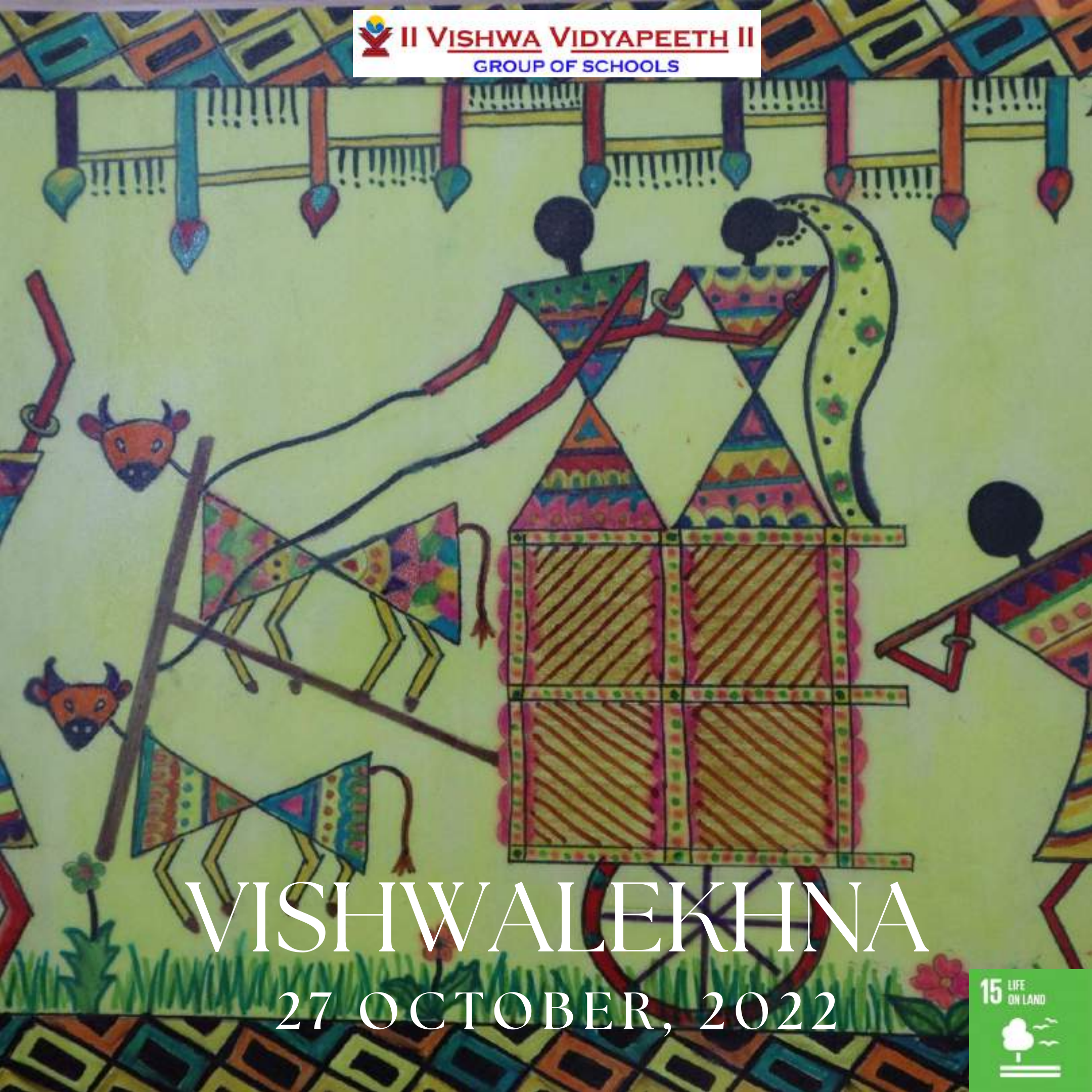




II VISHWA VIDYAPEETH II
GROUP OF SCHOOLS



VISHWALEKHNA

27 OCTOBER, 2022

15 LIFE ON LAND



DIRECTOR'S MESSAGE

October 2022

Vishwa Vidyapeeth is built on the six pillars of Discipline, Indian Culture, Indian Tradition, Patriotism, Focus on Sanskrit & Yoga. As part of our endeavour to teach the right values to our students, we have adopted various new programmes at our school this year, as we resume the classes after a long era of staying indoors.

Right from ancient times, the people of India have depended on nature and its resources, making them self-sufficient and self-reliant. Sustainable living has formed a core component of Indian culture. Indian values and philosophy are rooted in a sustainable way of life. Practices have been taught to people through traditions and culture, among different regions. Indian society has shared a harmonious relationship between people and nature since Vedic times.

We are taught not to waste, whether it is food or any resources, and the practice of recycling or giving away used and reusing hand-me-downs is extremely common among family and friends. It is not an uncommon sight in an Indian household to witness an old cloth being used as a duster. These practices are still used among people today.

At Vishwa Vidyapeeth, we aim to inculcate these age-old practices in our students by teaching them how to live a sustainable life which is the need of the hour. Right from their eating habits where we teach them to have zero wastage, to their activities where they are taught how to reuse and recycle, to using eco-friendly materials and giving green education top priority in all our discussions and learnings.

दश कूप समा वापी, दशवापी समोह्वद्रः। दशह्वद्र समः पत्रुं, दशपत्रु समो द्रमुः।

"One step is equal to ten wells, one pond is equal to ten stepwells, one son (child) is equal to

ten ponds and one tree is equal to ten sons (children)."

I urge my students to take guidance from our rich ancient heritage, since now is the time to reignite our dormant inner energies and to light up our minds so that we can embark on a constructive endeavour to bring peace, prosperity and happiness to our Nation and the world at large.



"A sustainable future is a responsibility we all share. The young minds of students are curious and passionate to learn. Sustainable practices are best put into use when inculcated at an early age. In order to do this in the modern world, it is important to identify old-age practices and combine them with modern-day connections that will strengthen and pave the way to a more responsible world."

Smt.Suseela Santhosh

PRINCIPAL'S MESSAGE

October 2022

**Dear Parents and Students!
Greetings from Vishwa Vidyapeeth!**

***It brings me an immense pleasure to share with you my little reflections
having students back to school!***

***Schooling is our first contact with the world, a period of joy, making new
friends, new learning experiences, sharing and love. Truly speaking, the
large space in the campus or the infrastructure alone doesn't make it all. It
is in the heart of students and educators that true institutions exist.***

***The youth of the future generation need to be streamlined. It's a matter of
great concern to parents and teachers as well! As learning is a lifelong
process, the school is oriented in all possible ways to mold the total
formation of a child and allow them to experience and explore! This is
possible when we all work together with the shared vision and above all,
keeping the faith and trust in the supreme power of God to achieve the
expected goals.***

***Dear students, it is my message to you that grab every opportunity that
comes your way, fine tune your lives by reflecting on the values taught, be
truthful and committed in every thought, word and actions. Take
ownership of your growth and become accountable.***

***"The child making use of all that he finds around him, shapes himself for
the future.***

- Maria Montessori

***Wishing you all great time in reading our magazine "Vishwa Lekhana" on
our memorable journey made in Term I, 2022.***

***With Love and Blessings,
Smt. Shanthi Seetharaman***



Editorial Team

Good news are always the best!



Dear Readers,
Greetings to all,

Very few have realised the need of the hour, the neural approach of education blended with active learning strategies to bring out the fullest in any child. It is the duty of every educator to unlock that treasure and Vishwa Vidyapeeth is an excellent example where everyone strives indefatigably for this. This institution has been nurturing young minds to develop the much-needed critical, collaborative, communicative and creative skills in them.

We are pleased to present to you the 3rd edition of Vishwa Lekhana. Enjoy every moment you have because in life there are no rewinds only flashbacks, make sure it's worth it. For you, we, the editorial team under the able guidance of our Principal and the Chief editor Smt Shanthi Seetharaman have worked hard to bring up an exhilarating flashback of the school's vision, events, achievements, and cherishable moments during the academic year 2022-23.

We believe you will be excited to witness a wide range of poetry, paintings, and informative and inspirational articles from our dear students and teachers.

Happy reading!!!

The editorial board.

SCHOOL RECOGNITION

Awards





II VISHWA VIDYAPEETH II

GROUP OF SCHOOLS

RANKED BY
Education World



1

KARNATAKA

2

INDIA

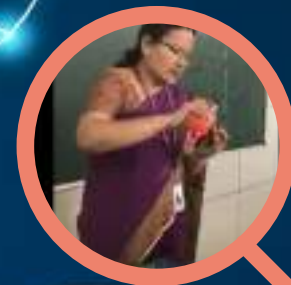
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BANGALORE

**HIGH HAPPINESS
QUOTIENT SCHOOLS**

Neural School

Education Through A Neural Lens!



BACK TO SCHOOL

Today's Preparation Is Tomorrow's Achievement!



WELCOME TO THE ROOM OF THE FUTURE.

WE AT VVP KNOCK DOWN THE BARRIERS OF STRESS, BIAS, AND EMOTIONAL REACTIVITY WITH POWERFUL, PRACTICAL, AND PROVEN BRAIN-BASED LEARNING STRATEGIES SO THAT ALL STUDENTS CAN LEARN. ACTIVE LEARNING STRATEGIES IS THE PART AND PARCEL OF THE TEACHING-LEARNING PROCESS AT VVP

EDUCATORS HERE UNITE THE NEUROSCIENCE OF LEARNING WITH THE POWER OF TEACHING.

AS OUR TEACHERS ARE TRAINED AND ARE WELL INFORMED OF NEURAL EDUCATION THEY STRIVE TO CREATE A SAFE LEARNING ENVIRONMENT WHERE ALL STUDENTS CAN BE SEEN, THEIR VOICES HEARD, AND THEIR POTENTIAL REALIZED. EMPOWERING AND INVESTING IN EDUCATORS' HOLISTIC DEVELOPMENT IS THE PRIMARY GOAL OF ALL FACILITATORS AT VVP.



INVESTITURE CEREMONY!



The Badge Of Honour!



ELECTIONS



INVESTITURE CEREMONY!

The Badge Of Honour!



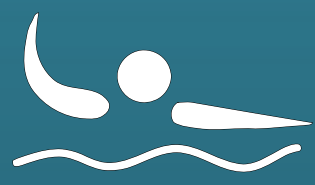
"Leadership is not about the title, positions or flowcharts. It is about one life influencing another"
- John C Maxwell .

This quote rightfully sums up the school's endeavour in creating a student council which is a good role model for the other pupils.

The badging ceremony of Vishwa Vidyapeeth for the academic year 2022-2023 was held on 1st July 2022. It was a proud moment for the VVPians to take up their roles and responsibilities. The ceremony began with the hoisting of the school flag followed by the school song and then with the invocation song of Lord Ganesha. There was an inaugural dance by our students of grade VI and VII, which was later followed by the lighting of the lamp by our distinguished chief guest Smt. Bharati Krishnamoorthy accompanied by our Respectable Director Smt. Suseela Santhosh ma'am and our Principal Ma'am Smt. Shanthi Seetharaman.

The newly elected members were badged by the chief guest accompanied by our Director, Principal CBSE and Principal IGCSE followed by an oath taking ceremony. The march by all the prefects was spectacular which set the mood for the event. The chief guest appreciated the efforts by the school and also congratulated the newly appointed school prefectorial board for their preparedness to take responsibilities. Our most beloved director madam wished the student leaders in completing responsibilities entrusted to them in the year ahead. She also mentioned the efforts taken by the school in promoting children's democratic and social skills and offered his support in the future. Her words of advice were highly motivating to the students. The program thus came to an end with the maiden speech by the newly elected head boy and head girl, followed by the testimonials from the parents. The ceremony was a grand success with a promise by the student council to be truthful towards their duties and responsibilities.





Parent Engagement Program

KHELOTSAV 2022



Celebration was the buzzword for the VVPians. It was the celebration of fitness, celebration of sportsmanship and most importantly celebration of sweet reminiscence.

Khelotsav 2022, an exclusive sports event for parents which helped them to create lifetime memoirs. The event witnessed the zeal and enthusiasm of the 700 + parents who motivated their children to achieve more. VVP parents have become the real role models of their kids. Various sports were conducted like football, Throwball, Chess, Carrom, Jump rope & Badminton. It was a wonderful platform offered by VVP to break the mundane lifestyle and make the parents realise their sporting potential.

We saw the culmination of the grand event on Independence day when all winners were awarded with their medals and trophies.

Khelo Utsav created a lasting impression increasing the awareness towards sports and has been responsible for the pivotal change in the attitude of every individual towards sports and fitness.



Parent Engagement
Program

KHELOTSAV 2022



ENVIRONMENT DAY

Nature - Embodiment of Hope and Resilience

Emily Dickinson has said in her perceptive and eloquent words -

'Hope is the thing with Feathers

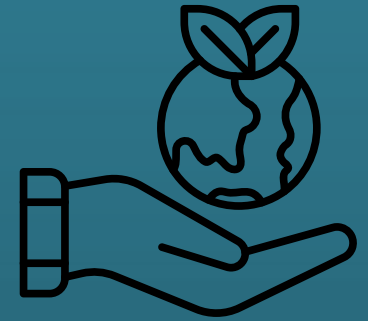
That perches in the soul

And sings the tune without the words

And never stops at all.'

What is hope? Hope is the ability to see light in spite of darkness. It is an immensely important capability to be able to find light even in the darkest of times. Here at VVP we inspire and motivate students to keep growing and moulding itself to the challenges just like how NATURE does, never once giving up. It can be seen in the rising of the sun every morning. It can be seen in the dawn and the daylight that brightens the sky, making birds chirp at first light. Waves may fall but they never fail to rise. They rise mighty and true after each full moon, reaching its full force on a no moon day.

Earth day celebration at VVP.



GREEN MOVEMENT AT VVP



JUST SAY "NO" TO PLASTIC. THINK, ACT, SAVE.

On this special day, Vishwa Vidyapeeth-CBSE, initiated a 'Say No to Plastic Bag' drive. The main objective of this programme was to make the students aware of the ill effects of polythene bags on the environment, human beings and animals. The programme was led under the headship and guidance of our

beloved Director, Smt Suseela Santhosh and Principal, Smt Shanthi

Seetharaman ma'am. Smt Ashwini, kannada teacher was the spearhead in this programme, she planned and executed the activity in association with

other teaching staff.

About 50 students accompanied by the teachers were taken to the

Rajanakunte Govt High School headed by the HeadMistress, Smt Jyoti Patil.

Our students along with the Govt school students were trained in stitching skills. A range of cloth bags such as classic cloth bags, pouches, basket boxes

using their own old t-shirts and old unused cloth were made.



GREEN MOVEMENT AT VVP

One more step towards the Green challenge

Vishwa Vidyapeeth group of schools had organised an awareness program on the occasion of World environment day on the 6th of June 2022. All the students from grades 1 to 4 have participated in this program with our beloved principal Smt. Shanthi

Seetharaman, Head Mistress Smt. Jyoti.M.Patil, Coordinators and all faculties. The objective of this program is to create awareness among the students about saving our environment by growing more trees. All the students of grades 1 and 2 did the thumb printing activity and students were given a few seeds for sowing. Our gardener, helped the students in sowing the seeds.

Smt. Shifa has explained to the students about the germination process and plant growth.

The students of grades 3 and 4 had written the slogan related to saving the earth. Students enjoyed the program. They were very curious to learn about the importance of our environment. Our Headmistress Smt. Jyoti.M.Patil made the students realise

the need of the hour to keep our environment clean and tidy.



The Nature Corners at VVP

Grade 1 and 2

A picture of the tree is drawn and the tree is made using 4 chart papers. Children will give a thumb print for leaves using green colour paint.



VVP SAVE SOIL MISSION

SAVE SOIL -"If you want to have food ,conserve the soil dude"

Save Soil is a Global Movement launched by Sadhguru, to address the soil crisis by bringing together people from around the world to stand up for Soil Health.

It is a conscious effort which is expected from each inhabitant of planet Earth towards saving soil,the elixir of life.

VVP is an institution which was established with a conscious effort so it is well evident that it cannot ignore the movement to create a conscious planet .To encourage the same VishwaVidyapeeth had organised the session on Save Soil campaign where students of Primary School along with the teachers had a great time in getting educated the need of the hour and getting into action at the earliest.




INDEPENDENCE DAY

Azadi Ka Amrit Mahotsav - Elixir Of Life!



*"Where The Mind Is Without Fear
And The Head Is Held High,
Where Knowledge Is Free!"*





The nation is as perfect or imperfect as its people. With this thought in our minds we the educators at VVP thrive towards making our students aware of their duties and fight for their rights.

This year on 15th August 2022 the celebration of Independence Day was held in a mesmerising way with great enthusiasm, patriotic fervour flavoured with great joy and pomp in the school ground with the staff IGCSE, ICSE AND CBSE, students and parents to mark the 76th year of freedom from the British rule. On this auspicious day a sense of happiness and pride could be clearly witnessed on the faces of all the people gathered there. The program started with a song by the teachers and the lighting of lamps. To Commemorate the sovereignty of our nation, the Chief Guest unfurled the tricolour flag and all in unison sang the National Anthem and expressed the joy of our freedom. The program started with a welcome dance by our students. There was an event of the March-past organised by different houses of the school, as each house with their battalion took a circle of the field representing their colour flag on the hand of the house captain leading the troop.

The program continued with the addressing of the chief guests towards the gathering appealing to their nationalistic spirit and urging them to take pride in being an Indian and fulfilling one's duty with responsibility. They also emphasised the role of youth today as the true wealth of a country. A solemn speech was given by our beloved mentor, guide Smt.Suseela Santhosh, Director, Vishwa Vidyapeeth group of schools. She stressed upon the value of sacrifice, hard work, honesty, and character formation as the chief aim of the students. The parent Winners of the khelo Utsav were honoured on this special occasion. An exuberant performance by our students was given in the form of aerobics. The program came to an end with the grand finale by all the students followed by the national anthem. Indeed, it was a day of joy, a day to love and respect our country and make it a better place for Indians to live and experience the freedom, peace and unity in diversity

VVP VISION AND MISSION (DASHA PRABODHA)

Dasha Prabhodha is a flagship initiative by our Director Smt. Suseela Santhosh commemorating 10 years of service with excellence in education. The vision highlights and promotes absolute and unarguable references to education; Education and Skills Development go hand in hand. To extrapolate this shared vision, many activities were conducted in integration with subjects like Maths, Social Science, Science, and Languages in addition to sports and Art and Craft



Janmashtami

कृष्णाय वासुदेवाय देवकी नंदनाय च ।
नंदगोप कुमाराय गोविंदाय नमो नमः ॥



As an embedded culture at VVP, Shri Krishna Janmashtami was celebrated on 19/8/2022 with great zeal. On this auspicious occasion, a special assembly was conducted, demonstrating students' enthusiastic participation. The day started on a divine note praising the lord. Grade 1 students chanted the

holy hymns of the all time favourite " Achutam Keshavam". Sagarika Bharadhwaj of class 9 shared the importance of Shri Krishna Janmashtami.

Chinmayi of 9th standard conducted a quiz for students of all the grades, which enlightened them about Lord Krishna and the significance of the festival.

The program came to an end with a graceful dance performance by the students of class 7 and 8 showcasing the Dasha avatara of Lord Vishnu.

The event was an extrapolation to the vision of the school as the students exhibited the skills highlighted in Dasaprabodha.



VVP ENDEAVOURS TO RESURRECT THE MOTHER OF ALL LANGUAGES - SANSKRIT



One major aspect of the Narendra Modi government's National Educational Policy, which has raised quite a few eyebrows, is its rather strident emphasis on Sanskrit. The policy states that along with the other "classical languages", the importance of which "cannot be overlooked", Sanskrit "will be offered at all levels of school and higher education as an important, enriching option for students, including as an option in the three-language formula".

However here at VVP we believe and are proud to proclaim that Sanskrit plays a pivotal role in our student's lives and is well embedded in the school curriculum aligning to the NEP .



“IF YOU TALK TO A MAN IN A LANGUAGE HE UNDERSTANDS, THAT GOES TO HIS HEAD. IF YOU TALK TO HIM IN HIS LANGUAGE, THAT GOES TO HIS HEART.” — NELSON MANDELA

Keeping the above thought in mind VVP conducts Sanskrit classes for teachers, for all workers and for students every day. Where all the people of the school interact with each other in Sanskrit and also learn holy Shlokas.

We believe in holding on to our culture and taking it forward to the generation next.

To uphold the tradition and to enlighten many with the ancient knowledge , our learned, Sanskrit teacher conducts SAMSKRITA SAMHASHANA SHIVIR classes regularly for teachers and supporting staff in which everyone contributes to their level best.

We have set a target to prepare ourselves to communicate in Sanskrit by the end of this year.

This is a rare platform and as VVPians we should feel fortunate and benefit from this opportunity to learn such a rich and eloquent language.



BENEFITS OF LEARNING SANSKRIT.

It makes your mind bright, sharp and clear.

It makes you feel peaceful and happy.

It makes you feel BIG.

*It cleans and loosens your tongue so you can
pronounce any language easily.*

*It gives you access to vast and liberating
literature.*

*It can describe all aspects of human life from
the most abstract philosophical to the latest
scientific discoveries, hinting at further
developments.*



II Amritam Sanskrit II

Languages are windows to cultures, histories and ways of life. Learning a new language opens a whole new world of experience and expression, which otherwise one will never get to know. Languages also initiate one into new ways of thinking and new perspectives arising from the particular life environment in which they developed. Keeping this in mind and living the VVP vision an elaborate celebration of the language was conducted from 16-08-2022 to 22-08-2022,

Several activities were conducted for students – assembly in Sanskrit, mono acting, samskrita geet Gayana , stotra Pathanam etc.. competitions like Shloka chanting, Thought for the day, and handwriting. Sanskrit books and certificates were distributed to the winners.

On August 22, 2022 Samskrutha Samroha kayakrama (the culmination of the event) was celebrated. Dr, Ganesh Hegde graced the occasion as chief guest– MLA college principal, he takes online classes for students who are interested in learning Sanskrit , Our Director, ma'am Smt Suseela Santhosh also joined us and shared words of wisdom. She very well took the opportunity to educate the students with the knowledge, which is the MOTHER LANGUAGE. Our Principal, Smt. Shanthi Seetharaman spoke about the importance of Sanskrit subjects in schools and how it is beneficial for our students in the present days.

To add elegance to the program a spectacular dance was performed by our students. To enliven the event the magical shiva stotram and Amrutha astakam were chanted by students.



SANSKRIT SAPTAHA



Field trip (The Knowledge tour)



At VVP we strongly promote and encourage experiential learning. A few such instances are below. Learning can happen anywhere and at any point of time. To broaden our perspectives and explore the world outside school, students of different grades were taken on field trips. Grades 1 to 5 were taken to see an exhibit of models of village life.



Students along with teachers visited V T Handlooms in Doddaballapur, Sri Kongadiyappa College Road. Children were sent in batches to observe the dyeing and weaving process (using power looms) and the following observations were made. Students were exposed and educated about the steps handloom manufacture. Students were excited and curious to know about dyeing, spinning, warping, setting the loom and last but not the least the computerised design machine captivated the students. It was a quality time spent, a perfect blend of learning and enjoyment.





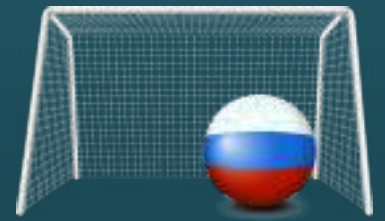
NATIONAL SPORTS DAY



Poster making competition



On the occasion of National Sports Day on 29th August 2022, "Poster Making Competition" was organised for VVPians from Classes 1 to 12.





The theme being "Embracing sportsmanship with brotherhood", students came up with creative and innovative ideas. Participation was high and active. Students won laurels for their hard work and inventiveness.



THE FASHION DESTINATION - FANCY DRESS

“The most beautiful world is always entered through imagination”

Although perceived as a mere fun activity, fancy dress is of great benefit to children for building their imagination and vocabulary. To enhance creativity, imagination and build confidence, a fancy dress competition was conducted for the students from grade I to V by Vishwa VidyaPeeth. The students participated and showed their versatility. The school got their students into the skin of freedom fighters and national leaders. The children dressed as freedom fighters and national leaders were brilliant in their own way. It was a delight from start to finish with children, in an array of glittering costumes, mouthing famous dialogues and slogans leaving the audience enthralled. They were all smartly dressed up and took part with much enthusiasm. The students presented themselves by sharing information about the characters they depicted. They all looked vibrant in their colorful and different costumes and played their parts. Confidently. The students were given an opportunity to speak in front of others and bring forth their talents. The objective of the competition was met as the students learnt about many important social reformers and their achievements. It helped to build English conversational skills.





SHOW AND TELL



“Tell me I can’t and I’ll show you I can.”

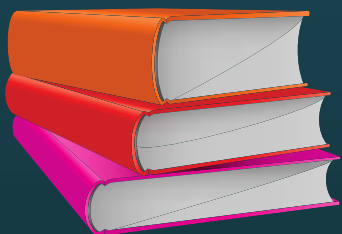
Vishwa Vidyapeeth organized a “show and tell” competition on.... To strengthen the verbal skills and to foster public speaking competency of the young minds. The students participated in the same which helped them to build their confidence and self-esteem. It enabled them to improve their descriptive skills by communicating feelings, thoughts and emotions with words. The students were informed to bring their favorite toy or any object of their choice. They were excited to share their descriptive narration and waited eagerly for their turn to show and tell. Thus this event helped our tiny tots to build their social, emotional and language skills.



TALK ON THE BOOK



The "Talk On The Book" competition was organized with the objective of developing students' in inculcating their reading habits, critical thinking skills and analytical abilities. To encourage them to read books and analyze them has been the motive behind organizing this event. The school has always had the aim of developing the love for reading among students. Children participated in this competition with a lot of enthusiasm and vigor.

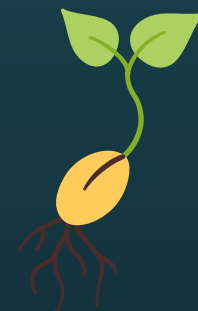


S to S (SEED TO SAPLING) The scientific mind

We at VVP are inspired by the innate potential of every child to mature into a full fledged individual given the proper environment.

So we have taken a step forward to justify our neural approach by introducing S to S classes.

We envision to create an enriched, joyful and experiential learning environment where a student becomes knowledge (re)creator instead of knowledge consumer. Every child has the ability to observe, experience and experiment with the world around itself. Our inquiry-based learning methods tap into the natural curiosity of a student by asking the right questions.



VVP INITIATIVES (CREATING A DIFFERENCE) (ADOPTION OF GOVT SCHOOL, HOME VISITS)

Under the able guidance of our Principal and headmistress we have taken the challenge to adopt a government school as per NEP and provide it with a new dimension.

Our teachers train the government school educators for better communication in the global language. They also guide them with innovative teaching methodologies and support them to enhance and modify their APs and LPs accordingly.

Yet another initiative by VVP teachers to understand our students better.

An elaborate and well planned visit is executed by teachers to the students homes to empathise with their performance.

It is an effort to interact with the students and parents in an informal environment to note their concern and to also entertain parents' involvement in students' academic performances.

It gives a concrete platform to put forward concerns in an amicable way and also welcomes teacher - parent collaboration in the holistic development of the students.



ART INTEGRATION



LITERARY CLUB

(VISION BOARD , LITERARY CIRCLE ,NOUN POCKETS)

“There’s an excitement around sharing words. Children have a right to those experiences, and they want those types of experiences. That’s what makes learning fun and engages them in school.”

VVP always encourages creative and active teaching strategies and the language classes with literary circles being exercised is an evidence of its acceptance.

Being neural educators, this is one of the efficient ways to bring out the child’s excellence in action and to develop a flair for literature amongst them.

Students are divided into groups and given different roles to work on. Later they present as a group with a prop in the form of a chart.

At VVP educators are trained how to differentiate appropriately and avoid overly teacher-led conversations, when implementing literature circles.



THINK OUT OF THE BOX (THE 4 C'S)



At VVP we strive to promote 21st century skills in our learners. Subject enrichment is a part and parcel of the VVP curriculum which is carried forward through creative and critical assignments completed by the students.

COMMUNICATION

COLLABORATION

CREATIVITY

CRITICAL THINKING





CCA ACTIVITY FOR MATHEMATICS



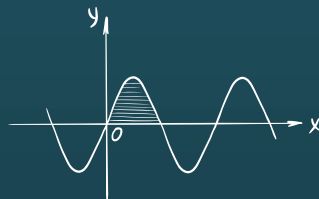
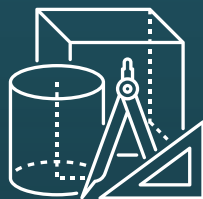
Activity plays a significant role in the development of students. Co curricular activities are an essential part in enhancing the learning process of students.

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

Under Maths club, CCA activity was conducted for middle school under the topics like making a Tangram, Model melody .



Students with full confidence exhibited their interest and creativity in making different models of 2D shapes and 3D figures using clay and toothpicks. They also made paper folding activity in making different shapes. Different images were also made using tangrams.



YOGA (UNION OF BODY AND SOUL)



The word 'yoga' derived from Sanskrit and means to join or to unite, symbolising the union of body and consciousness.

Recognizing its universal appeal, on 11 December 2014, the United Nations proclaimed 21 June as the International Day of Yoga .The International Day of Yoga aims to raise awareness worldwide of the many benefits of practising yoga.

Needless to say, here at VVP as a mission towards our vision, Yoga occupies an eminent place.

The "International Yoga Day" was celebrated by the students and teachers at Vishwa Vidyapeeth with great enthusiasm on 25, June 2022. Accompanied by an appealing and alluring weather the session began on the lush green VVP lawn. The day started with the lighting of lamps by our beloved Director madam Smt. Suseela Santhosh and our ever supportive Principal Smt. Shanthi Seetharaman with a prayer. The whole session was anchored by Mr. Manjunath, head of the department of yoga assisted by Mr. Prashanth, yoga teacher. Nearly 200 students along with the teachers took part in the celebration with full fervour. The session began with some warmup activities, a prayer by our principal madam proceeded with simple as well as advanced asanas. Mr.Prashanth demonstrated a set of asanas which were astounding ones. The session was highly organised. Hats off to the yoga department. All the students and teachers participated eagerly with a lot of zeal and passion. The programme concluded with a vote of thanks by Charvi.



Ganesha making festival (Trunks of Creativity)



Envisioning the success of DASAPRABODHA, VVP is on a constant drive to achieve it through various activities conducted in our campus.

Ganesha making competition was one of them.



On the occasion of Gowri Ganesh chaturthi our school organised a Ganesha making competition on 27-08-2022 invoking lord Ganesha. For thousands of years, pottery has been around as a therapeutic art form. Creating something from our own hands, makes us feel truly satisfied. At VVP we intend the same creating young artists in all forms.



We were extremely thankful to Mr. Muthukumar, who volunteered to guide parents and students in clay moulding and to help them to create the creator. Our beloved Principal Mrs. Shanthi Seetharaman graced the occasion welcoming and motivating parents to take part and enjoy with their wards. All the parents and children were captivated by the clay's effect and its soothing qualities. It kept them engaged for hours in the making. As odd and unusual as it was, we are sure clay gave them a sense of accomplishment and their imagination took over and it gave them the ability to think outside the box— hence, creating unique works of art!. It gave an opportunity to the parents to spend quality time with their kids and created treasured memories.



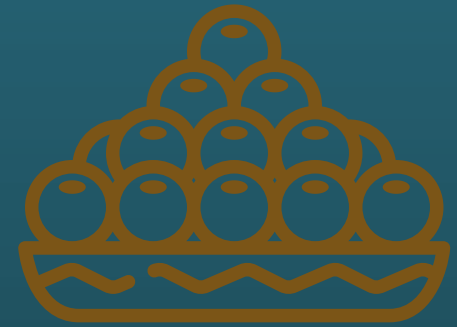
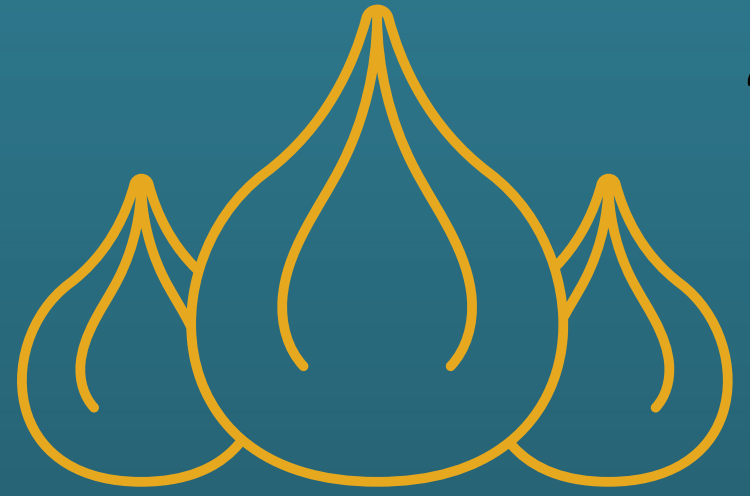
Most importantly many of us are busy working or studying, we often tend to leave our mental and physical health behind but this activity helped the participants to develop a bond between them and mother earth and take a break from the mundane life.



VVP corridors were adorned with the spectacular sight of the ganesha idols which created a historic and unforgettable moment at VVP which will be cherished in days to come.



Students relishing Modakas on Ganesh Chaturthi



Winning Feet



VVP students were selected for the state level league yoga competition which was held on 3rd and 4th of September 2022 at Kadur, Chikkamagaluru Dist.

Students were selected based on their age criteria. Students participated with great spirit under all the age categories and won 12 medals, under the able guidance and instruction of our beloved yoga teacher Shri. Prashanth and Shri. Manjunath.



VVP looks forward to many for aplauding moments like the same.

SOUTH AFRICAN COLLABORATION (Need of the hour)

Collaboration - one of the important 21st century skills with multiple benefits like - Developing social skills, Peer learning, Trust building, Confidence building

Today, we observe a huge DIFFERENCE in classroom technology, and with it, the introduction of new learning methodologies. One example that VVP encourages is collaborative learning.

The best learning happens when children are actively involved in a project. Collaborative learning is an approach that encourages students to create a different world around them.

Being a first Neural School in India, Under the able leadership of Mrs. Shanthi Seetharaman and Mr. Prashanth the students of grade X of Vishwa Vidyapeeth School successfully took the next step to make an International collaboration with the prestigious Schools Alexander Road High School, Newton Park, South Africa.

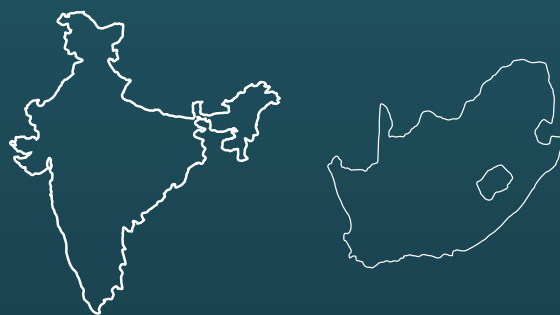
The students of Alexander Road High school today took the initiative to brief our students about their daily routine in school. They did share their curriculum, subjects of their choices, sports and other activities in their school.

They spoke about the career guidance sessions which happen in the campus. They have two psychologists on the campus who help them in this process.

Students here have choices in the languages they study. One could opt for either English or Ishikosa or any of the African languages. Students participate in many of the inter school activities like Hockey, cricket, soccer, swimming etc. They have practice sessions on Saturday mornings. The games are conducted either in their own school or in other schools. They feel lucky to have two fields for practising these sports as well as a heated swimming pool.

Among the subjects of choices in academics students usually continue the same choices from grades 9 to 12. Some of the subjects students can choose other than the regular subjects are Jazz, Choir, drama, Agriculture etc. This interested our students and Samik was keen to find out which crops were grown by the students. They did enlighten us about the difference between maize and millies.

VVP always invigorates such sessions for better understanding and exchange of knowledge and culture which marks the difference and continues to inspire young minds.





Teacher's day celebration



*Friendly Match
Teachers sports*



Sports are essential in everyone's life, in school not only academics but sports are also part of everyday life. To keep teachers motivated and fit our management organised a Sports event for staff of Vishwa vidyapeeth. All the teachers, Maintenance staff & drivers took part in all the sports with full zeal. The main attraction was the “tug of war” between teachers to promote healthy competition and a harmonious relationship. The word war was an irony here as it only and only brought in peace after the event.

Assembly

*“Better than a thousand days of Diligent study is one day with a Great Teacher!”
On 5th September, 2022 (Monday), the 10th graders of Vishwa Vidyapeeth, organised Teachers' Day on the birthday of Dr. Sarvepalli Radhakrishnan, not only the second president of India, but also a great teacher. The planning began by the students at the beginning of the previous week with no disclosure to any of the Teachers. The performance by the students touched every teacher's heart as it portrayed how much they value them. A short yet a memorable event was planned in the Morning Assembly.*

It was Fascinating as the students used alliterated adjectives for each teacher and asked them riddles - to feel their presence. It began with the morning Prayer, Thoughtful Thought, News and pledge. A wonderful dance was performed to express their gratitude towards teachers which was unique. Words not only make a difference through speech but also through music. A heart warming song dedicated to the teachers was presented. There came a time when the tables were turned, and teachers were asked fun questions! Some of them were based on morality while others were baffling riddles. The whole school thoroughly enjoyed the program and went back with smiles on their faces.

Onam celebration

VVP in its festive mood.

India is a country with so many delightful festivals that take place throughout the year. Festivals are an integral part of India's rich cultural heritage and Onam is one of them.

On account of Hindi Saptah Sep 8, 2022 The students of grade X put up an exemplary show along with the support of the Hindi department and entire staff in a beautiful morning.

The assembly hosted by Shloka of grade X started with a spiritual prayer followed by an inspiring thought and informative news headlines.

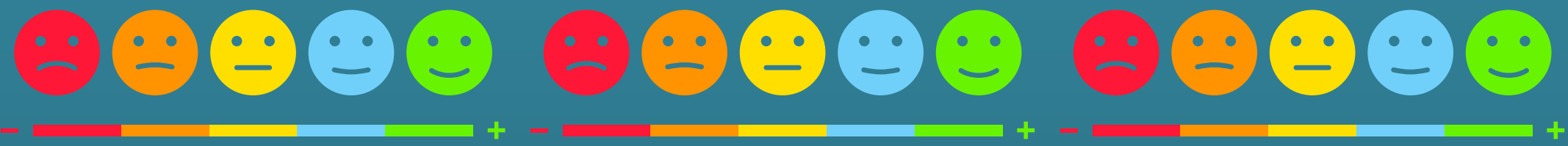
The highlight of the event started with the beginning of the cultural programs, Siri of Grade X spoke a few words on the importance of "Hindi Divas" students also present a wonderfully written and enacted skit. The cultural program had a grand ending with graceful performance by girls of classes X and VI on the event of Onam decked up in traditional Kerala sarees and ornaments. The assembly ended on a high note with the VVP song and national anthem.

Teachers dressed up in Kerala traditional attire and made "Onam Pookalam" which means

Poo stands for flower and Kolam stands for decorative designs or rangoli, keeping Krishna idol decorated, lightning diya worshipped God. Overall it was a splendid event which was possible due to hard work of students along with students' collaboration with the staff and management. It was a morning filled with sanctity and enlightenment.

Special thanks to the Principal Ms. Shanthi Seetharaman mam, Head of the Hindi Department Ms. Premalatha and team for facilitating the assembly, all the staff celebrated this festival with much enthusiasm and positivity.





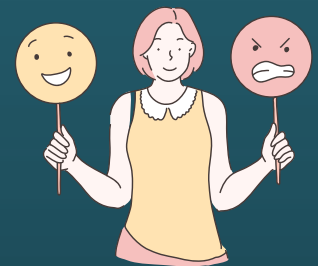
Social Emotional Learning (Scope of SEL at VVP)

Social and Emotional Learning: A Framework for Promoting Mental Health and Reducing Risk Behaviour in Children

Social-emotional learning is important for students and we at VVP stress on the same because it teaches them crucial life skills, including the ability to understand themselves, being empathetic, develop a positive self-image, take responsibility for their actions, and forge relationships with the people around them. It can also be critical for students to build confidence and self-esteem. Teaching youth mindfulness, coping skills, communication skills, relaxation techniques, self-regulation, and emotion identification and management equips them with tools and resources to address mental health challenges that interfere with learning.

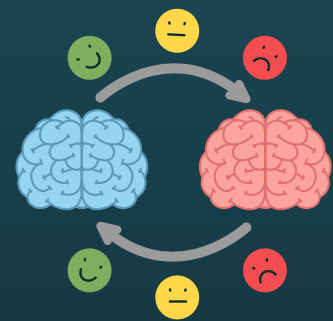


Teaching SEL promotes mental health - “Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices.”



SEL in VVP classrooms

Students are asked to write SEL notes colourfully and creatively, as it will help in strengthening connections between the concepts. Using multiple colours while taking notes can help students better understand the topics. Colour-coded notes will stimulate your attention and make your study skills more strategic. Notes written with only one colour are often messy and difficult to follow, making studying more difficult. However, colour-coding or highlighting the important information will make it stick out on the page, in students' minds.



SEL classes are conducted by our young counsellor Miss Namitha.C

KNOW YOUR FEELINGS

A Feelings Wheel is a tool used to help recognize and communicate feelings. Feelings Wheel is a way to work smarter, not harder, with teenagers when identifying and managing emotions.

How does it work ?

A Feelings Wheel supports us on our journey to opening up, being vulnerable and practising authentic living, instead of hiding behind what is the easy or standard answer and mindful about yourself. Encourage your students to express their emotions with this Feelings Wheel.

This wonderful Feelings and Emotions Wheel is great for enabling your students to express their current psychological state without being restricted by inhibitions of vocalising their mood.

We typically ask the standard question, “how are you doing? or “How are you feeling today?” Students typically respond by saying, “I’m good. or I’m ok.” I always require more detail from our students but I notice that they don’t always have the language to express themselves more accurately. So, I use the feelings wheel as an additional support. The Feelings Wheel can be added to conversations about the highs and lows of each person’s day with the students at the beginning of our class. Parents can also use it with the whole family at dinner or in the car. This allows greater insight into what a teenager’s day has been like as well as normalises talking about real emotions instead of using just the easy or go-to answer.



*it's okay to feel
your feelings*



Why Use an Emotions Wheel?

You can use the feelings wheel and kit to:

Understand your emotions

Label what you're feeling - by helping them build their emotional vocabulary—the words we use to describe our feelings and our reactions to experiences.

Recognize emotions in your body - When you experience distressing and confusing sensations, you can stop to physically trace out your emotions on the wheel and check in with yourself to ask:

Where is that feeling coming from?

What just happened in my environment that is making me react like this?

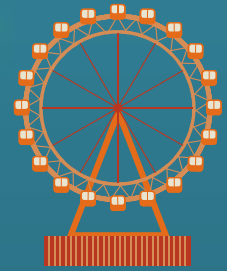
Why am I feeling this way?

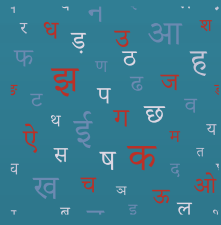
Learn to allow your feelings - When we stop and listen to our feelings, we develop the emotional awareness to understand what they're telling us.

Feelings and emotions aren't something to suppress.

Remember and use coping skills when needed - When we develop the ability to understand and express our emotions, we benefit in many ways. We can manage our stress better, communicate with others, and develop self-compassion.

Again, Feelings wheel can be used in families and may even be a little awkward at first, but can you imagine what it would be like for your family to have the freedom to communicate with each other how you are actually doing? This could be a new practice for each person in the family not only to be able to understand each other but to know how to take care of each other as well. This would continue to make your home the safe haven everyone runs to the best part being that everyone becomes involved in making it happen.





Hindi Divas - HINDI Saptah Samaroh

September 8th - 14th 2022



On the 8th of September, it was conducted by the seniors - students of Grade 10 which commemorated the commencement of Hindi Week. Apart from the usual agenda for the assembly, a Skit about Humanity was performed by the students as well as a short dance piece to celebrate ONAM. The students emphasised on how important Hindi is, as the Official Language of our country and as a widely spoken language. It enlightened the young minds about the Purpose of Hindi Divas and Hindi being an integral part of Indian History in several spheres of life. It was a great way to begin the week and inspired other classes to conduct the assembly for the next few days.

On the second day of the week, the responsibility of conducting the assembly was taken up by the students of Grade 9. The assembly was conducted with great enthusiasm and zeal. Hindi, as a language, was spoken about and also why it matters to us as a country. It was an amazing event that brought out the essence of our Country's official Language and further enriched the students.

14th September is celebrated as Hindi Divas, to honour the contributions of the language to the Country's History, Growth and Development. It had been around 69 years since it was first commemorated and the VVP Family was instrumental in continuing the legacy of the Language. The events during the morning assembly were made even special thanks to the Presence of our Honoured Chief Guest, Head Mistress VVP ICSE, Ms.Richa Kharbanda and our respected Principal, Ms.Shanthi Seetharaman. It would have been incomplete without the presence of the students all the way from Grade 1 - 10 and the teachers. The events were conducted by different classes all the way from Grade 5 - 10. It began with the Prayer, followed by the Welcome Speech, Lighting of the Lamp Ceremony and Introduction to the Chief Guest (grade 9 & 10). The entertainment began with a musical performance by the students of grade 5 followed by a Uttarakhand Folk Dance by students of grade 8, 9, & 10. The Chief Guest enlightened the students with her insightful words and emphasis on the importance of Hindi. The events brought smiles to every face present and brought up an awareness about how everyone should learn the language properly and honour its contribution to Indian Literature and modern communication. One of the most awaited events was the prize distribution Ceremony for the events conducted the previous week by the Hindi Department whose involvement was incredible way beyond words. The events were conducted for all grade levels and the many awardees serve as an example to show that Hindi is a part of every citizen's life.





NUTRITION WEEK AT VVP



At VVP we give a lot of importance to student's wellbeing so diet plays a major role in their holistic development. Nutrition week was observed at VVP by the students in an innovative way. Students got healthy snacks of the colour assigned for the day. Awareness was created amongst the students by narrating the nutritional value of the particular fruit or vegetable.



DANDIYA NIGHT AT VVP

Dandiya to express, not to impress.

It was an eloquent and dazzling affair in the Takshashila campus.

It was the time to pick up the ghaghra cholis and get on the dance floor to swirl to the Dandiya Raas. The glitz and glitter of 'Dasara' or 'Navaratri' had soaked the campus in festive euphoria. With every passing year, VVP comes up with something enticing and innovative and the Dandiya celebrations was one of them. The celebration was so bright and the ecstasy had reached new heights. The shimmering festive spirit was added with vigour to mark the beginning of the season of festivals. The programme was well planned and organised under the guidance of our Principal Ma'am. The occasion was graced by the renowned dancer and choreographer Mrs Pavethra who was impressed by the student's performances and motivated them for their future endeavours. VVP never misses the opportunity to kindle the enthusiasm amongst our young minds to achieve their best. The attraction of the day was the dandiya dance by students and teachers followed by the dance by the parents. The campus was filled with positivity and vigour during the event and left a lasting impression on the students.



STUDENT'S CORNER



THE LEGACY

*I might not be the BEST. I might not be the SMARTEST, or the STRONGEST...
but I will try My best While all the 'TALENTED' were taking time to rest
I'll put in EFFORT when the talent were found EFFORTLESS!*

This ain't about LUCK!

This NEVER GIVING UP

I forget the risk and take the fall

Sometimes it's a cause sometime it's a applause

I am braver than you believe

Smarter than you think

And stronger than you thought



They think my life is a joke

But I think I can prove the wrong

I can get a gold

But the only thing I need get some hope

I can achieve anything in the world

I can just finally prove them wrong

All I need to know to believe myself

When the sun sets and all is said and done VICTORY WILL be mine

LEGACY



FIRST PLACE WILL BE Mine

Greatness will be MY LEGACY

By Rohan Shaw

IX A



STRESS BUSTING



We all know, with exams coming and the big shoes we have to fill, a little bit of stress is inevitable...Stress is a feeling you get that pushes you down and causes outbursts, muscle fatigue, anxiety and many more things. A little bit of stress is good but if it gets too much, many things can happen which are...not too good for you...This is why, I am here to save you from stress with methods that help me A LOT. Here are a few basics...

Count!!!! It's the simplest and most effective way to tackle stress.

Doodle!!!! Take a small sheet and doodle away! It helps you distract your mind and calm down.

Just Breathe!!!! Breathe in deep and slow, it will help you calm down.

Talk it out to a friend!!!! Just tell your friend what's going on in your head and just play therapist for a lil bit...(Hey?! Works for me!!!)

Now, this is for the times you're at home and have your life falling apart...

Pump up the Beats!!!! Listening to your favourite music can help you in just taking your mind off of the stuff that's bothering you. This method has great consequences too...(Highly recommended!!!)

Sail Away!!!! Whoa...Not literally! I meant to read a book and drift off to the wonderful world of imagination...

Sleep it off!!!! This cannot be explained in words...The world of sleep cannot be explained in words...Take a small(long) nap and just wake up refreshed.

These were a few of the things that help me calm down when I can't take it anymore... So, just sit back and enjoy the ride...



By-Anika

9A

TRIBUTE TO THE TEACHERS



*Roses are red,
Violets are blue,*

*Teachers are the ones who
Brought out the new you*



#1

*They're the ones,
Who found your potential,
And should have a special place
In every child's heart*



*Because in this game of Life,
They help them get their Start
And to me you're the number One!!!*

PRIDE OF VVP

Bharatanatyam, an enlightening experience...

Indian culture is an amalgamation of diverse traditions and customs brought together over the years to make our life a celebration. India is truly an embodiment of the phrase 'Unity in Diversity' signifying harmony among varying cultures and communities. Therefore, a wide variety of festivals are celebrated across the country to unite people and bring them together.

**VISHWA VIDYAPEETH
- CBSE**

An inseparable aspect of Indian culture is dance, be it folk or classical. Sculptures in ancient temples, old scriptures and prehistoric relics are testimony that dance originated over 4000 years ago and more than 1000 forms are known to exist. However, presently only 8 forms of classical dance are recognized at a national level by the Sangeet Natak Akademi, the national body for performing arts set up by the government. I'm currently pursuing Bharatanatyam which is among the chosen eight and acknowledged as

the most popular forms with respect to its beauty of technique, and themes conveyed.

Bharatanatyam is the oldest classical dance form of India with a tradition of over 2500 years. The British colonization in India led to the downfall of art and culture, especially dance. Fortunately, due the dedicated effort of great artists like Guru Rukminidevi Arundel and E Krishna Iyer, this fading art form gained back its glory and sanctity. As someone who has been learning Bharatanatyam for over eight years, I can vouch that it is no easy task, just like any other dance form. It not only requires one to be physically fit but also mentally strong to endure and continue.

Since I started at an early age it wasn't easy, but it certainly is the hard work and persistence which brought me to where I am today. While it was the grace and poise in Bharatanatyam that fascinated me, there are several benefits of this dance form. Physically, it improves your endurance, tolerance, elegance, willpower, memory, stamina, and flexibility. On the spiritual side, it educates us about Indian mythology, cul-



ture, history, and inculcates the skill of expressing emotions. Importantly, it teaches the concept of devotion and respect to the Guru (teacher), God, the audience and elders. I have trained in two styles of the dance, Vazhavor Ramaiah Pillai and Tanjavur styles.

The only way for a dancer to display the art is through performances. I have given several performances on different occasions at dance confederations, temples, annual days and in various locations including UAE, as a representative of India for an international student exchange

program.

A question often asked is how I keep myself motivated. My way of motivation has been to set small goals and work towards achieving them whilst keeping the larger vision clear. I believe the most important trait and qualities for a dancer are perseverance and imagination. With a belief that how the future shapes is in my hands, I aspire to train in other styles of Bharatanatyam and hope to make a mark and inspire others through my performances.

Shloka Konduru, class IX

*Shloka Konduru
IX A*



IMPORTANCE OF SCHOOL EDUCATION

School education lays the foundation stone in building the personality of a person. Primary education is virtually a disorganised affair, each school pursuing its own method.

The syllabus of secondary schools is state-managed. It has common curricula having a rationale in its syllabus. The Higher Secondary functions at three levels: the State-level, the CBSE and the ICSE. The texts are framed by scholarly experts selected by the NCERT or State text book committees. Thus, we have struck off the older pattern of our time that has become jaded today and is obsolete.

The importance of school education lies in the fact that the children of today will become adult citizens of tomorrow. The growth and future of our country highly depends upon the quality of the present school education system. But we notice that the less privileged get substandard schools. The teachers teach like drudges and there is little participation. In a good school the chief objective of the authority is to stimulate interest and curiosity in the students. Today in major cases this happens because of high fees. In India this disparity is proving to be cancerous for the nation. Merit is never an exclusive possession of the affluent class. Unless opportunities of good education trail down to the grass-root level, the health of the nation will surely suffer.

It is important to understand that the facilities for education should be equal for all. A large cross-section of dull, unresponsive students that hail from the affluent class makes their way into good schools where highly paid good teachers serve. On the other hand, such good schools are clean beyond the reach of honest earning parents. Thus, there is cleavage between quality education and quality students today. Quality Education is the right of every quality student.

BY TARUNYA

VIII A





NO CARE



Do it do it make it do it
 Out of a mountain despite a hope
 Making myself the best of all
 Working out every problems
 Not the person who gets in trouble
 No follow rules
 No follow ways
 No follow steps
 No follow brains
 No follower and will always stay the same
 I am not a person who is said



Yeah Believe In yourself
 Push yourself
 Make yourSelf
 Train yourself
 cause no one is gonna do for you



We fear rejection
 We want attention

 We crave for affection
 We dream perfection
 False false false false
 Life is unplanned so live it full
 Just don't trip with traps of people
 Be a all star be a perfectionist
 People say you are full of attitude
 People say you are rude
 People say your plans are outdated
 People say haha and yeah nobody cares



Yeah Believe In yourself
 Push yourself
 Make yourSelf
 Train yourself
 cause no one is gonna do for you



By Rohan Shaw

IX A

GIRL'S EDUCATION AND EMPOWERMENT

The issue of girl's education is widely discussed and needs greater consideration. India is one of the most populated nations in the world.

However, the women have been disadvantaged, discriminated against and often exploited for a long period. There is a significant disparity between the educational outcomes for girls and boys in India. There is also a lack of opportunity for girls to explore science, technology, engineering, and mathematics, some of the core subjects. If it is like this, then women will not be educated enough on some specific subjects like health or finance which are very important for day-to-day life.

I do understand that the world is changing, the nations are developing and India is trying its best to improve and generation by generation people are changing their old mindsets too. I appreciate all this but somewhere there is a lack of education for girls. The poor people are not able to give a genuine education to their daughters. Education has improved a lot compared to the last few decades but there is still a long way to go, and for this government to take action. In the past people were not much intent on educating their daughters. But slowly the time is changing, people are also changing their mindset in terms of educating their daughters.

Women too want to achieve and stand straight up to the world with success, in many parts of India education of girls is still a myth like the rural areas. There are even regions where the birth of the girl child is unwelcomed. Even though we have moved ahead so much in time, there are many among us whose outlook has not changed.

Across history it has been seen that women have been neglected on all fronts. Education itself is very important irrespective of whether the child is a boy or a girl. Education of girls is important for bringing a balance in society. But let us first think why we are stressing on the importance of education for girls only? This is because in most of the cases girls have been denied the chance or opportunity of an education. With such robust disposition, the education of girls has been looked down upon and subsequently disregarded. Although times have changed, there are people in India who oppose the education of girls. An incident in the northwestern parts of India, incidents of sati and Jauhar were performed. Education of girls is not just a matter of importance. It should be highlighted as Indian's top priority.


A country can be developed only when its citizens are educated. Women contribute a majority of the population in every country. Hence, educating a girl is directly linked to the progress of the country.

There are changes happening, we should change, and we will.



For example, India has taken up the initiative 'Beti Bachao Beti Padhao'. We should all learn to respect all girls and women first.

Rujula Naidu
class IX



ALL THE SEASONS THROUGH




*The Robin sang all day,
When the days were bright,
"Thanks, Thanks for the summer",
With all his might.*




*The Robin sang sweetly,
In the autumn night,
"There are flowers for everyone ",
All of us praise.*



*In the cold and clear weather,
I still hear his song,
"Somebody must sing!" Said the Robin,
Or winter will seem long.*



*When summer came back again,
He sang "I told you so!",
"Keep on singing through winter,
And it will always go!"*



Adrika -VI A

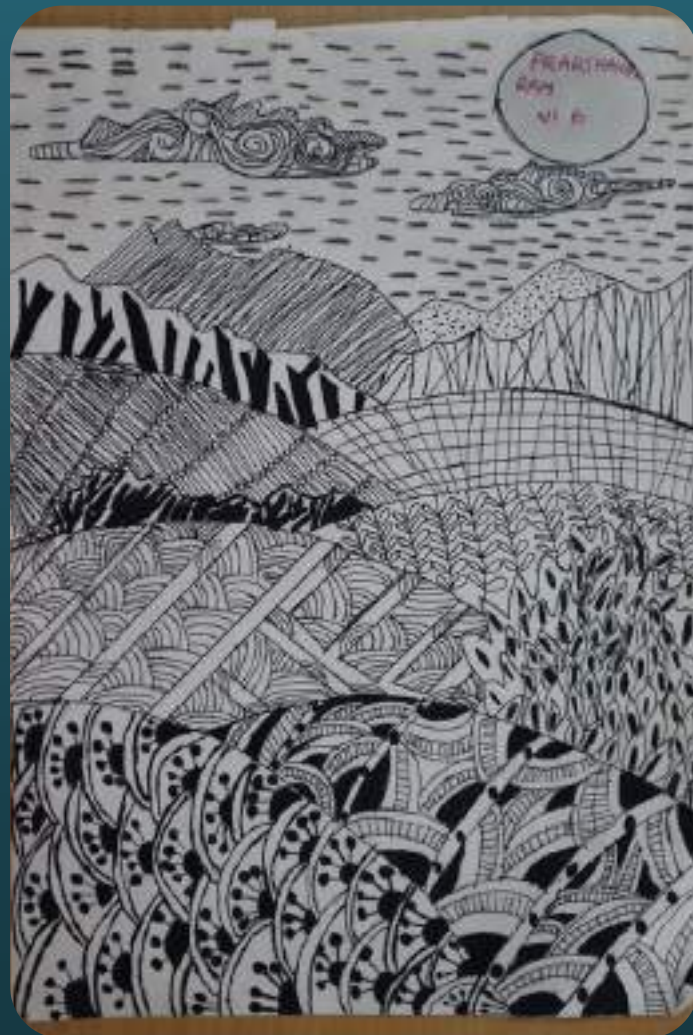
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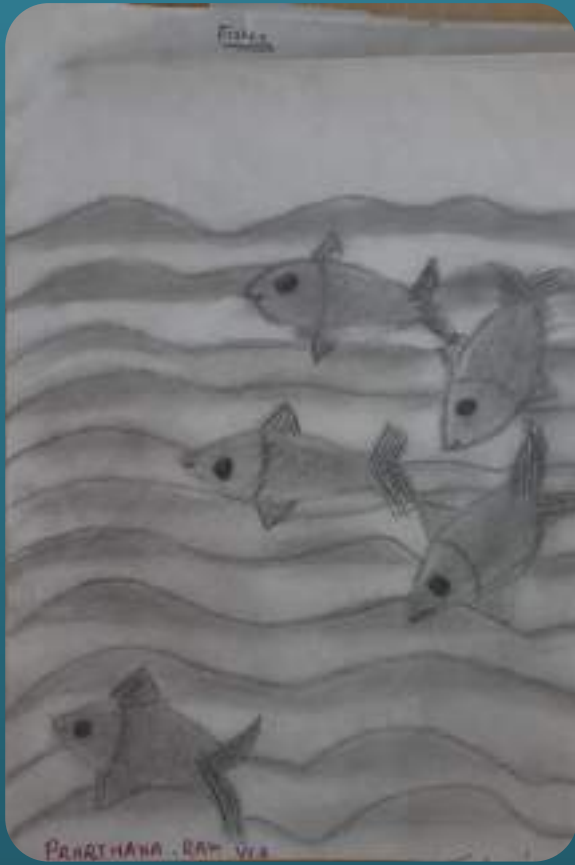
STUDENT'S CORNER



PRARTHANA. RAM. VI B



STUDENT'S CORNER



STUDENT'S CORNER



STUDENT'S CORNER



MARTYRS DAY

TIYA
VII B
24

Father is a special word, which touches our heart!

You are the one and only one to our nation

The way you thought, The way you fought was unique

Ahimsa was your power

Intelligence, patience, bravery is your speciality

You confront the toughest situation,

Just for seeing INDIA free.....

You are the precious gemstone of our nation,
which INDIA host!

Oh! why did you do so? (Nathuram Godse)

He might be nothing for you but everything for us!

No matter what,

You fought till the last breath of yours.....

So, INDIA could attain Independence.

At last, we did.....

You may have left the world,

But not our hearts!

STUDENT'S CORNER

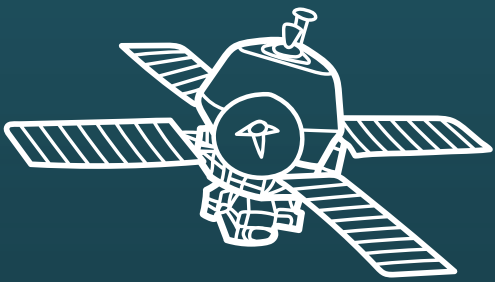
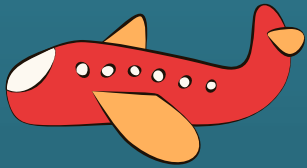
ESSAY ON 'MY BIRTHDAY CELEBRATION ON THE MOON'

It was one day before my birthday. It was my 12th year birthday I was super excited and I wished there would be something different this year. When, I was about to sleep, it was 11:30 pm already. I was in bed, but I couldn't sleep at all... Time passed and it was 12:00 am, I was waiting for everyone to wish me... It was 12:15 soon, but no one came... soon I slept... As I slept, I had a dream, that me, friends and family are going in a space ship/rocket to the moon, there we celebrated my birthday, I don't remember anything after this... It was morning, but no one had wished me neither in our house nor in the mobile... It was my favourite dishes for breakfast and lunch. By 4:00 pm, we all went outside (to the museum), we went there as there was a new planetarium set up... We attended the show, later we did not move towards the exit gate, I was puzzled, we went in a space rocket through a tunnel there was a room, in which, I saw a Moon (artificial), on that Moon; there was a table and a large moon rock with a button, the room was decorated with balloons, birthday tags etc, there were my friends and family all together and everyone wished me (HAPPY BIRTHDAY). I was very happy then I pressed the button on the moon rock, it opened with a large cake in it. It was an awesome feeling as what I wished/ dreamed came true... I received many gifts, we ate the cake, danced, sang songs, enjoyed a lot. We also had dinner together. After all this it was 10:45 pm. Everyone were sleepy, while going we gave return gifts. soon everyone left the place. (11:20 pm) It was the best birthday in my life. I am very thankful to my parents for such an amazing celebration.

THANKYOU

TIYA.P.R
VII 'B'





ESSAY ON, WHAT IF TOYS COULD TALK?

Most of them like to play whether they are girls or boys, kids or adults everyone. Once I had a thought that, why can't these toys talk like us? I knew that it was a non living thing and so on... It was late night when I was playing with my toys so, my Mother told me to sleep, I was still thinking that it would be so fun if toys were like humans. Soon I slept, I also had a dream; In that dream, I was sleeping, just then, I woke up and I saw all my toys like humans, they could walk, run, eat, sleep and most importantly 'Talk', they could do everything like humans. I was very happy and I had a lot of questions to ask them like: What do you eat, wear? etc. I know these are silly questions!

On that day, I had a lot of fun, I could become more larger in size and I could even shrink, first I shrank and went into the doll house, sit and fly in the toy aeroplane, go for a ride in a car or a bike, I could even visit to the space in a spacecraft or spaceship etc. I was feeling like as if even I was a toy! Suddenly; I woke up from dream, thinking that was it real?. It was morning already... It would be so awesome if that was real... Same day, I got a gift which was a toy parrot, that can talk, by talk, I mean, it just can repeat.. Though I'm happy that, I got a toy that talks! 😊

TIYA.P.R

VII B

STUDENT'S CORNER





STUDENT'S CORNER



COLECTING
CURRENCIES
AS A HOBBY



TEACHER'S REFLECTIONS

ಎತ್ತ ಸಾಗುತ್ತಿದೆ ನಮ್ಮ ಯುವ ಪೀಳಿಗೆ!!!

ಇಂದಿನ ಯುವಕರೇ ನಮ್ಮ ದೇಶದ ನಾಳಿನ ಭವಿಷ್ಯ. ಭವ್ಯ ಭಾರತ ಬೆಳಗಬೇಕಾದರೆ ನಮ್ಮ ಯುವಕರ ಕೊಡುಗೆ ಅತ್ಯಂತ ಮುಖ್ಯ. ದೇಶದ ಆಧಾರ ಸ್ತಂಭಗಳಂತಿರುವ ಯುವಕರು ಈಗ ಎತ್ತ ಸಾಗುತ್ತಿದ್ದಾರೆ ಎಂಬುದೇ ಬಹುಮುಖ್ಯ ಪ್ರಶ್ನೆ? ಬರೀ ಕಟ್ಟಡಗಳೇ ತಲೆ ಎತ್ತಿ ನಿಂತಿರುವ ಜಾಗದಲ್ಲಿ ಹೇಗೆ ಮರಗಳು ಕಾಣಿಸುವುದಿಲ್ಲವೋ, ಅದರೀತಿ ಪ್ರಸ್ತುತ ಸಮಾಜದಲ್ಲಿ ಒಳ್ಳೆಯ ಅಂಶಗಳು ತೀರ ವಿರಳವಾಗಿವೆ. ನಮ್ಮ ಸಂಸ್ಕೃತಿಯಾದ ಬಾಂಧವ್ಯ, ಅಭಿಮಾನ, ಗೌರವ ಮುಂತಾದ ಗುಣಗಳು ಯುವ ಪೀಳಿಗೆಯಲ್ಲಿ ಮರೆಯಾಗುತ್ತಿವೆ. ಮಾನವೀಯ ಮೌಲ್ಯಗಳು, ಪ್ರೀತಿ-ವಿಶ್ವಾಸ, ಸಂಬಂಧಗಳು ಬೆಲೆ ಕಳೆದುಕೊಳ್ಳುತ್ತಿವೆ. ತಂತ್ರಜ್ಞಾನದ ಜೊತೆಯಲ್ಲಿ ಓಡುತ್ತಿರುವ ಈ ಪೀಳಿಗೆ ಅವರೂ ಯಂತ್ರಗಳಂತೆ ವರ್ತಿಸುತ್ತಿದ್ದಾರೆ. ಯಂತ್ರಗಳು ಕೆಲಸ ಮಾಡುತ್ತವೆ, ಆದರೆ ಭಾವನೆಗಳೇ ಇರುವುದಿಲ್ಲ. ಮನುಷ್ಯರು ಭಾವನೆಗಳೇ ಇಲ್ಲದೆ ಯಂತ್ರಗಳಂತೆ ಆಗಿರುವುದನ್ನು ನೋಡಬಹುದು. ಕಣ್ಣೆದುರಿಗೆ ನೋವು ಸಂಕಟ ಅನುಭವಿಸುತ್ತಿದ್ದ ವ್ಯಕ್ತಿ ಇದ್ದರೂ ತನಗೆ ಸಂಬಂಧವಿಲ್ಲವೆಂದು ತನ್ನ ಪಾಡಿಗೆ ತಾನಿರುವ ವ್ಯಕ್ತಿತ್ವವನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳುತ್ತಿದ್ದಾರೆ. ಎಲ್ಲಿ ತಾವು ಸ್ಪಂದಿಸಿದರೆ ಜವಾಬ್ದಾರಿ ತಮ್ಮ ಮೇಲೆ ಬೀಳುತ್ತದೆಯೋ ಎಂಬ ಭಯದಿಂದ ದೂರ ಉಳಿಯುವ ಪರಿಸ್ಥಿತಿ ಎದುರಾಗಿದೆ. ವ್ಯಕ್ತಿಗಳ ನಡುವೆ ಗೋಡೆ ಎದ್ದಿದೆ. ಸ್ವಾಭಿಮಾನವು ನಿರಭಿಮಾನ, ದುರಭಿಮಾನಗಳಾಗಿ ಬದಲಾಗಿ, ಜವಾಬ್ದಾರಿ ರಹಿತ ಸ್ವಚ್ಛಂದ ಜೀವನಕ್ಕೆ ಹಾತೊರೆಯುತ್ತಿದೆ. ಅವಿಭಕ್ತ ಕುಟುಂಬಗಳಿಂದ ಸಣ್ಣ ಕುಟುಂಬಗಳತ್ತ ಸಾಗಿದೆ. ವ್ಯಕ್ತಿ ವ್ಯಕ್ತಿಗಳ ನಡುವೆ ಹೊಂದಾಣಿಕೆ ಸಾಧ್ಯವಾಗದಾಗಿದೆ. ಇತರರ ಸಾಧನೆ ನೋಡಿ ಸಂತೋಷಪಡುವ ಬದಲು ಅದು ಹೊಟ್ಟೆಕಿಚ್ಚಿಗೆ ಮಾರ್ಗವಾಗಿದೆ. ಸಮಾಜಕ್ಕೆ ನಾನೇನು ಕೊಡಬೇಕು ಎಂಬುದಕ್ಕಿಂತ ಸಮಾಜ ನನಗೇನು ಕೊಡುತ್ತದೆ ಎನ್ನುವ ಯೋಚನೆಯೇ ಹೆಚ್ಚಾಗಿದೆ. ಸಮಾಜವು ಕನ್ನಡಿಯಂತೆ, ನಾವೇನು ಕೊಡುತ್ತೇವೋ ಅದನ್ನೇ ಅದೂ ಕೊಡುತ್ತದೆ ಎಂಬುದನ್ನು ಮರೆತುಬಿಟ್ಟಿದ್ದಾರೆ. ಈ ಎಲ್ಲಾ ವಿಚಾರಗಳಿಂದ ನಮ್ಮ ಸುತ್ತ ನಾವೇ ಗೋಡೆ ಕಟ್ಟಿಕೊಂಡು ಅದರೊಳಗೆ ಇದೇ ಪ್ರಪಂಚವೆಂದು ಬದುಕುತ್ತಿದ್ದಾರೆ. ಇದು ಹೀಗೆ ಮುನ್ನಡೆದರೆ ಮುಂದೆ ಎಂತಹ ಪರಿಸ್ಥಿತಿ ಎದುರಾಗಬಹುದು? ಈಗಿರುವ ಕುಟುಂಬ ಪದ್ಧತಿಯು ಹೋಗಿ ಏಕವ್ಯಕ್ತಿ ಏಕಮನೆ ಎಂಬ ಸಂಸ್ಕೃತಿ ಉದ್ಭವವಾಗಬಹುದು. ಈ ಅಂಶಗಳನ್ನೆಲ್ಲಾ ನೋಡಿದಾಗ ನಮ್ಮ ಹೊಣೆಗಾರಿಕೆ ಮತ್ತು ಜವಾಬ್ದಾರಿ ಮತ್ತಷ್ಟು ಹೆಚ್ಚುತ್ತದೆ. ಉತ್ತಮ ಸಮಾಜ ರೂಪಿಸುವ ಹೊಣೆಗಾರಿಕೆ ನಮ್ಮ ಮೇಲಿದೆ. ಎಲ್ಲರೂ ಸೇರಿ ನಮ್ಮ ಮುಂದಿನ ಪೀಳಿಗೆಯನ್ನು ಸಮಾಜಕ್ಕೆ ಹೊರೆಯಾಗಿಸದೆ, ಕಾಣಿಕೆಯಾಗಿ ನೀಡೋಣ

ASHWINI S V
KANNADA DEPT.

TEACHER'S REFLECTIONS

"TECHNOLOGY IS A SOARING EXERCISE OF THE HUMAN IMAGINATION"

The word technology is derived from the Greek words techne and logy.

Techne means the skill and knowledge required to craft something. Hence, technology means the use of knowledge to create something to enhance life. Many big and small things we use in our day to day life are the result of technological development.

Technology is the technique to make any difficult task easy. These techniques are developed using technical and scientific knowledge. We can also say that intelligence is the source of technology.

Nowadays, it's not that we use technology, but we live technology.

Logic will get us from A to B, whereas imagination will take us everywhere.

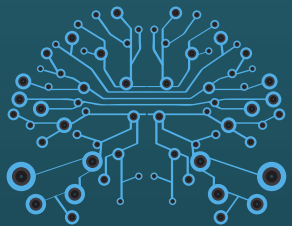
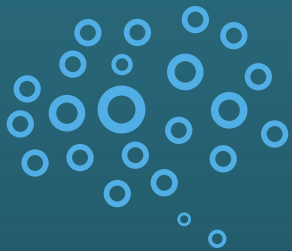
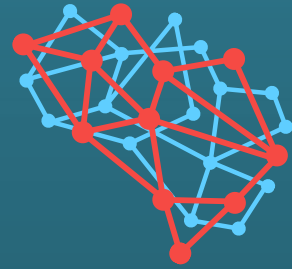
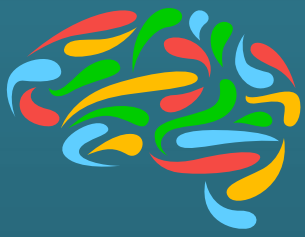
No product is made today, no person moves today, nothing is collected, analysed or communicated without some 'digital technology' being an integral part of it. That, in itself, speaks to the overwhelming 'value' of digital technology.

We on the cutting edge of technology have already made yesterday's impossibilities the commonplace realities of today.

Technology has been one of the leading drivers of globalisation.

Technology makes the world a new and better place.

Technology connects us, unites us and amplifies our power.



**MEGHA JORAPUR
CS DEPT.**

TEACHER'S REFLECTIONS

Desire for Awakened Schools

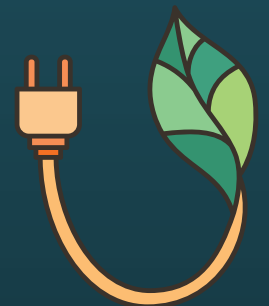
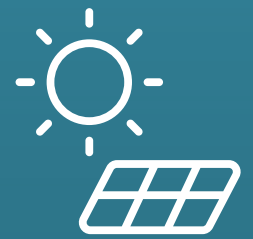
The Spiritual core in all children for holistic development.

The need of the hour is to design the transformative school culture. I have an intense desire and passion to bring about a change in education by promoting spiritual and moral development within schools and by giving educators tools to build classrooms and schools that nurture the inner life of their students. I feel fortunate I am part of such an institution which values these ideas and puts it into action.

All human beings are born with a natural capacity for spirituality, which is an integral dimension of full human development. Spirituality fosters a way of being that provides a foundation for a young person's intellectual, emotional, moral, social, and physical development. There is ample evidence that nurturing the spirituality of children supports their health and happiness and helps them be more engaged, higher achievers, and better citizens.

When their spirituality is not nurtured, there is a higher prevalence of anxiety, depression, hopelessness, even violence and suicide which has taken dominance in the present-day life. By neglecting this critically important part of education for the whole child, we are putting our children at risk and leaving them without the resources to navigate the increasingly complex and challenging world they will inherit. Spiritual and moral development not only benefits the individual child; it is critical for building a society of engaged citizens committed to the common good, the renewal of our ancient culture, and sustainable development.

Spirituality and religion are often interrelated, but they are not identical. The innate capacity of spiritual growth can be practised both in and out of any religious framework. Therefore, to envision a healthy world we can and should support the spiritual and moral growth of children and adolescents.



**RESHMA BHATTACHARIYA
ENGLISH DEPT.**



Dear Readers,
Greetings to everyone,

Under the able guidance and leadership of Director Smt. Suseela Santhosh and Principal Smt. Shanthi Seetharaman, we at VVP are always striving to create a greener planet. Taking this as a challenge we resorted to the digital platform of presenting our school events to you readers. It is one more step towards saving paper and encouraging the green movement. We believe you have enjoyed reading and savoured the canva creativity.

Every beginning has an end and Every end is a new beginning.

Let's wait for the next edition..!!!

ADIEU

**THE CREATIVE AND
DESIGN BOARD.**

