

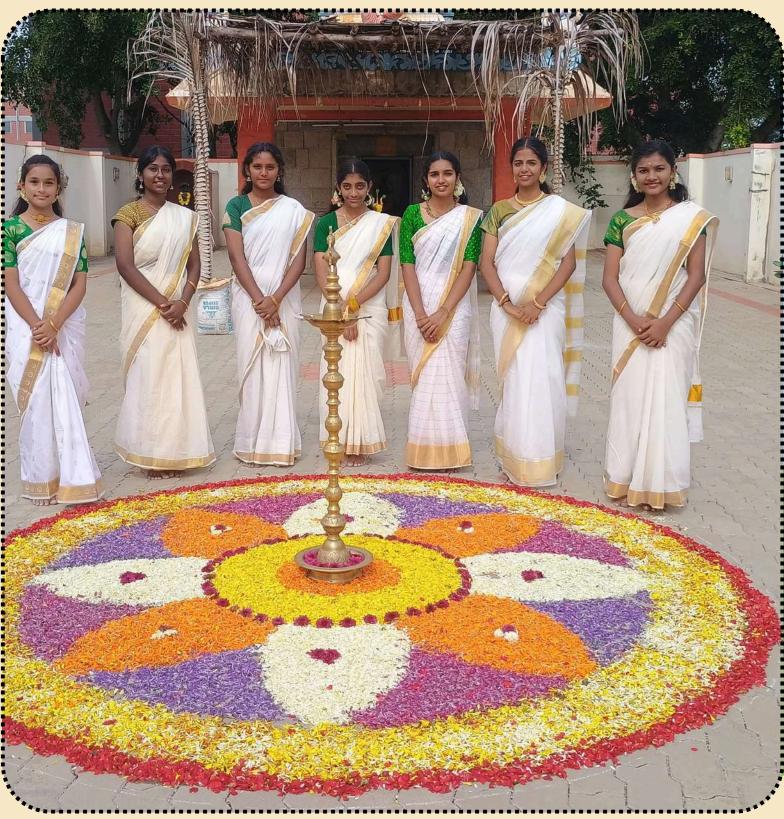
VISHWA VIDYAPEETH II

GROUP OF SCHOOLS









NEWSLETTER September 2024



"Yoga is the journey of the self, through the self, to the self."

Students from Grades I to X participated in Inter-school Yoga competition held on Friday, 13.09.2024 at Vidyashilp Academy, Yelahanka, Bangalore. Students were given opportunities to exhibit their talent in two categories in backbending individual events and group events. Students were encouraged to display their performances in an excited manner. Among 40 students, 35 students got medals and three trophies.

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Among 40 students,35 students got medals and three trophies. 20 Gold medals ,10 silver medals and 5 bronze medals.



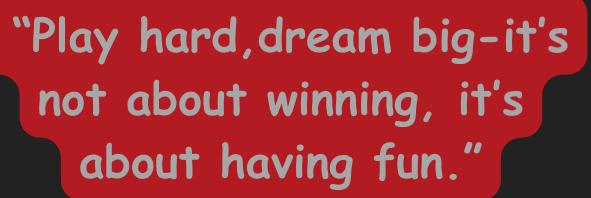
The highlight of this event was that our school got the overall Championship trophy.

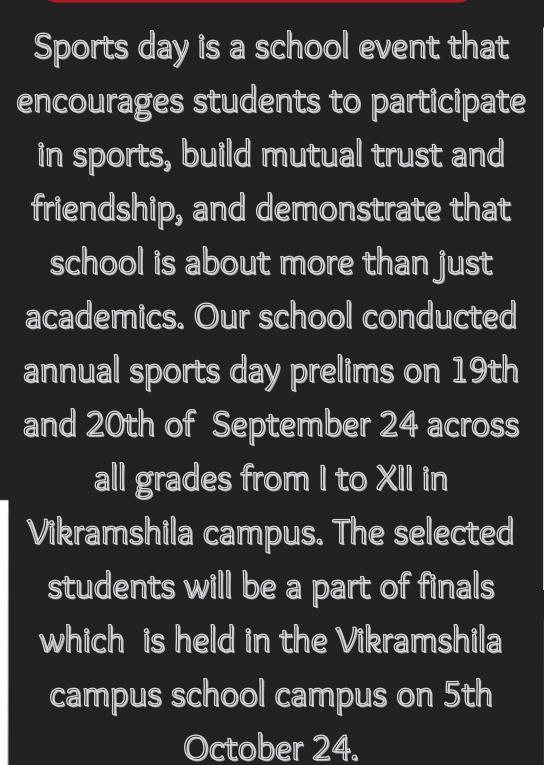
Our Director Smt. Suseela Santhosh and Smt. Shanthi Seetharaman are pillars of support for giving each one this unique platform to showcase their abilities in Yoga to the maximum potential.

II VISHWA VIDYAPEETH II GROUP OF SCHOOLS













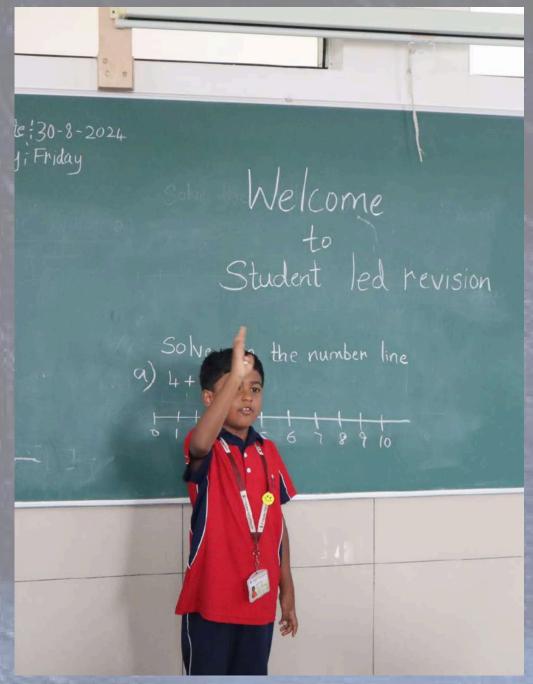




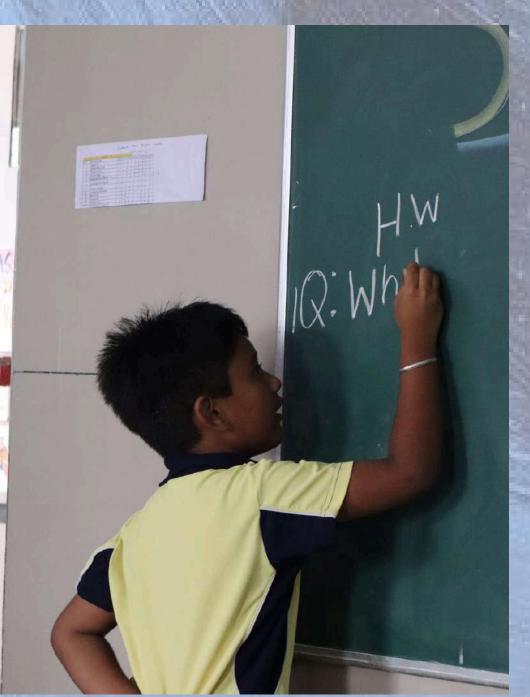
DONE BY CLASS I











STUDENT LED REVISION: "BELIEVE IN YOURSELF, AND YOU WILL BE UNSTOPPABLE."

This is an inherently inclusive approach to education as it respects each child's unique learning needs and interests. Student Led Revision is a unique concept at VVP where students will engage one complete period with parents to revise any one particular topic to showcase their preparedness for the upcoming exam under the guidance of their subject teacher. Class 1 students took student-led revisions in English and Math. Grade 9 students taught English. Thus, student-led revision is about prioritising students' needs and valuing their ability to learn independently.



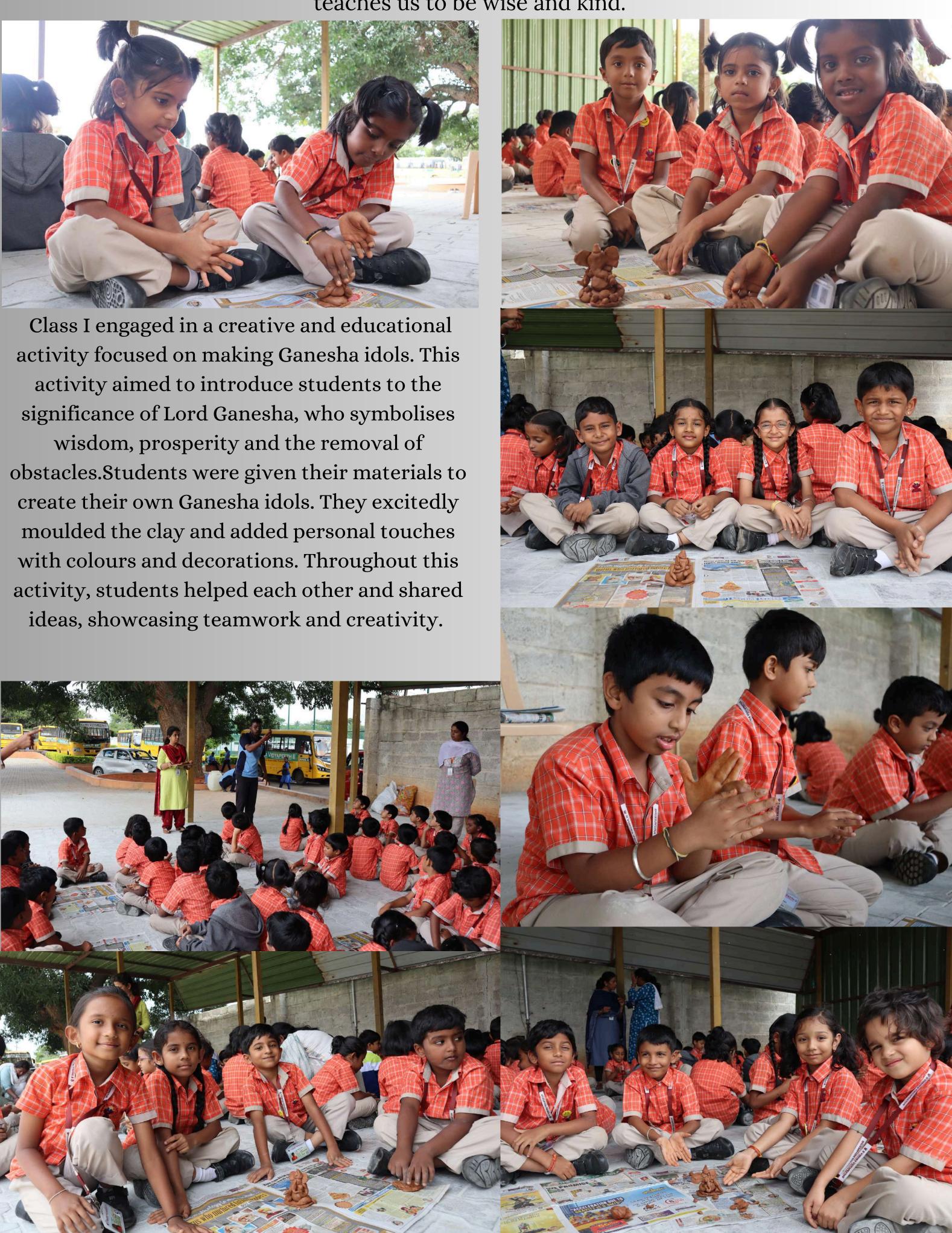








Ganesha making by class I: "With Ganesha's blessings, we can learn and grow as he teaches us to be wise and kind."





"The art of teaching is the art of assisting discovery-it's about inspiring minds and touching hearts."

Open house is an event held at our Institution where its doors are open to all giving them a peek into the modern teaching methodologies and facilities offered. It was conducted on Saturday, 14th September 24. Ignited students across Grades 1 to 10 participated in this to showcase the facilities available at Vishwa Vidyapeeth. They facilitated that education in and out of the classroom is a new opportunity to learn, enjoy, grow and shine."





"Let the colours of Onam bring peace, joy and prosperity with a spirit of togetherness and love."

Onam, the harvest festival of Kerala, was celebrated in the school on Friday, 13
September by staff and students. The day was marked by a special assembly followed by a song and dance sequence in Malayalam to commemorate the day. The flower decoration with the graceful dance sequence was a rich reminder of our culture.







"Education is a partnership between teachers and parents for the students to reach their full potential."

PTM for Grade 12-Science and Commerce stream was held on 21st September 24.A student always tends to act differently in different environments, based on several factors like the kind of people they are surrounded by, the need in that particular situation, etc. This makes it very important for parents and teachers to get together and discuss as it is an integral part in shaping the educational journey of their ward.



















"Opportunities don't happen,you create them as the future belongs to those who believe in the beauty of their dreams."

Jnanadhara center for excellence (JCE) conducted an orientation program for grade 10 CBSE and ICSE students. Our commerce faculty Aparna ma'am also briefed the students about Grade 11 Commerce stream. Key points discussed were -familiarization with curriculum,skill development,career pathways,resources and support,networking opportunities,goal setting and cultivating a growth mindset.







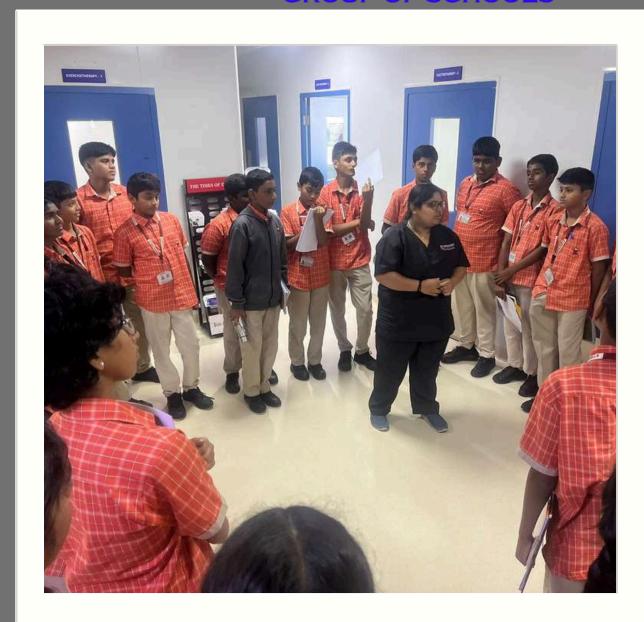








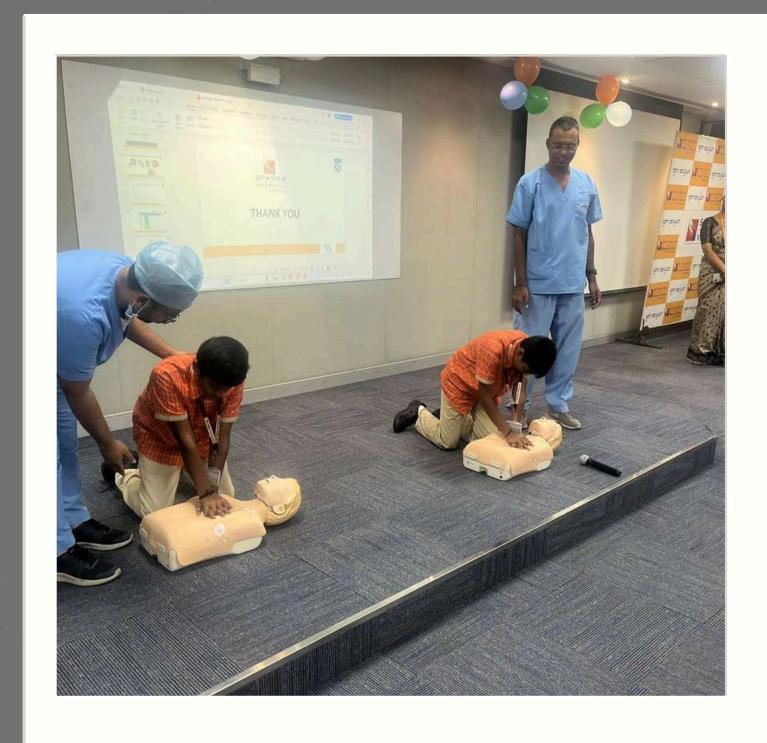




"Field trips are the best way to bring learning to life."

During the field trip to Sparsh Hospital, class 8 students of VVP had the opportunity to learn about various life skills such as critical thinking, problem-solving, and teamwork while exploring the advancements in artificial intelligence and technology in the healthcare industry. The students were fascinated by the innovative medical technologies and how they are being used to improve patient care and treatment outcomes. This experience not only broadened their knowledge but also inspired them to consider future career paths in the medical field.







VISIT TO RAMAN RESEARCH INSTITUTE BY THE STUDENTS OF CLASS XI SCIENCE







Visit to Neuro Centre- "To understand the human brain is to unlock the secrets of who we are."





ON 19TH SEPTEMBER 2024, CLASS 12 PSYCHOLOGY STUDENTS ENGAGED IN A
FIELD TRIP TO BANGALORE NEURO CENTER WITH THE OBJECTIVE OF
ENHANCING THEIR UNDERSTANDING OF SCIENTIFIC METHODOLOGY AND
DEVELOPING A RESEARCH TEMPER. DURING THE VISIT, STUDENTS LEARNED
HOW TO EFFECTIVELY CONDUCT INTERVIEWS, MAKE OBJECTIVE
OBSERVATIONS, AND ADMINISTER PSYCHOLOGICAL TESTS FOR THE COLLECTION
OF DATA IN THE DIAGNOSIS AND TREATMENT OF PSYCHOLOGICAL DISORDERS.
BY IMMERSING THEMSELVES IN A REAL-WORLD HEALTHCARE SETTING,
STUDENTS WERE ABLE TO APPLY THEORETICAL KNOWLEDGE TO PRACTICAL
SITUATIONS, DEEPENING THEIR UNDERSTANDING OF THE FIELD OF PSYCHOLOGY

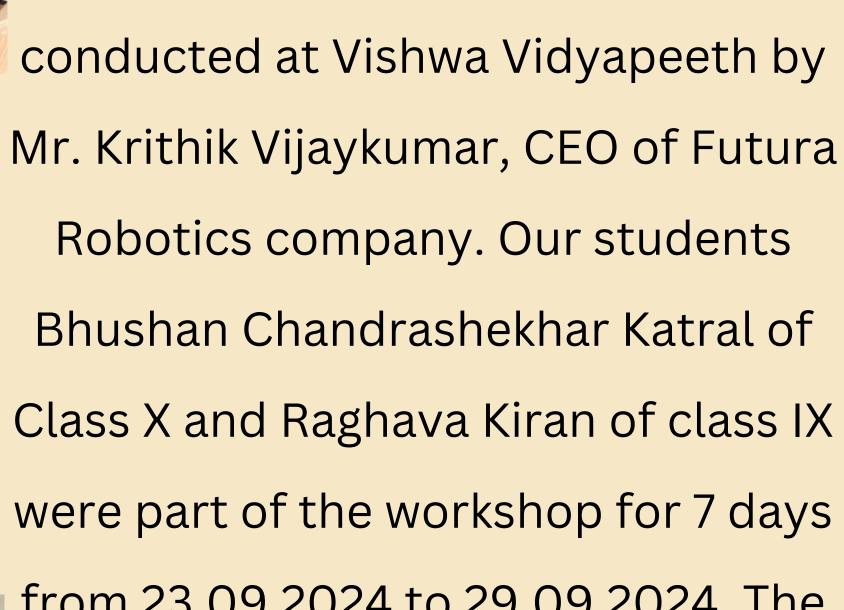














from 23.09.2024 to 29.09.2024. The session has enhanced the creativity and technical skills in the young minds as they were able to build, program and customize their own robots.



CHIRAG B CLASS VIII

CBSE Games South Zone II taekwondo
Championship held at Atma Malik International
School Kokamthan, Kopargaon, Ahmednagar,
Maharashtra on 20/9/2024 to 23/09/2024
He participated under 17, 41 to 45 kg category &
secured a bronze medal



ITC drive - dry waste management drive









ITC organized a solid dry waste management drive in collaboration with the students of VVP. As part of the initiative, Ms. Manasi Mishra, an expert in solid waste management, highlighted the detrimental effects of improper waste management on the environment and human health. She elaborated on the need for segregation of dry waste such as paper, plastic, glass, and metal to facilitate recycling, reduce the burden on landfills and the importance of responsible waste disposal and recycling.

Following her insightful talk, participants actively engaged in a hands-on collection drive, sorting and segregating dry waste materials on the premises. They learned about the significance of proper waste disposal and the benefits of recycling in conserving natural resources. The event was a success, raising awareness about sustainable waste management practices and encouraging community members to adopt eco-friendly habits in their daily lives.







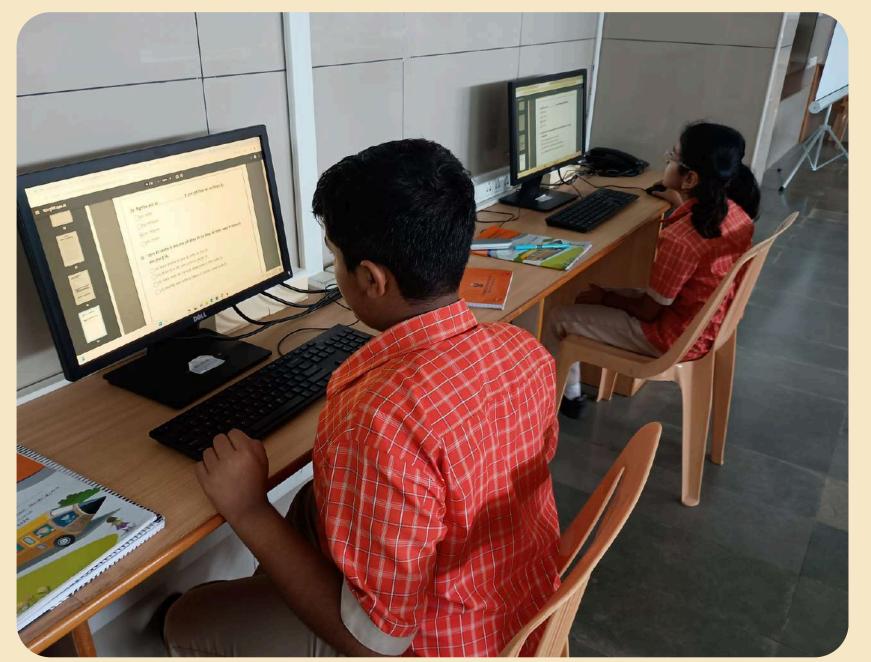
The Koti Geetha Lekhana Yagna beckons, inviting hearts eager to learn, Inscribe the verses with devotion, embrace the wisdom of the Bhagavad Gita.





The Koti Geetha Lekhana Yagna is an initiative aimed at promoting spiritual learning and self-reflection among interested parents and staff members by encouraging them to handwrite a copy of the sacred text Bhagavad Gita. This endeavour not only deepens their understanding of the timeless teachings of Lord Krishna but also fosters a sense of connection and reverence towards this spiritual scripture.

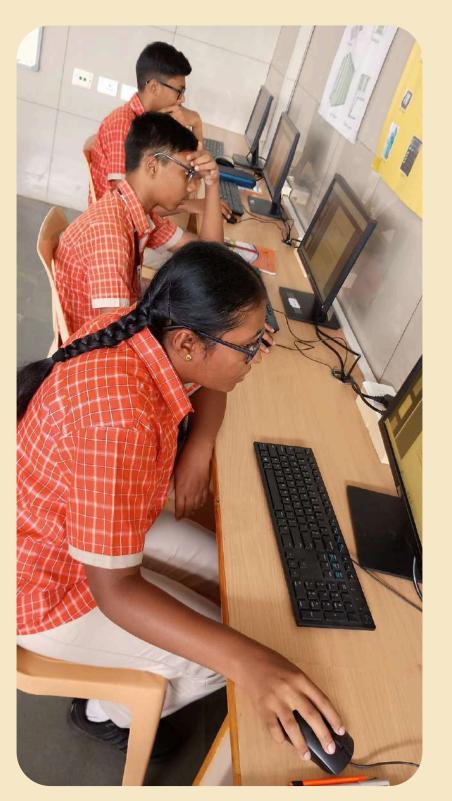








The Reading Challenge in English and Hindi aims to encourage participants to expand their literary horizons, improve their language skills, and cultivate a love for reading in both languages. Through



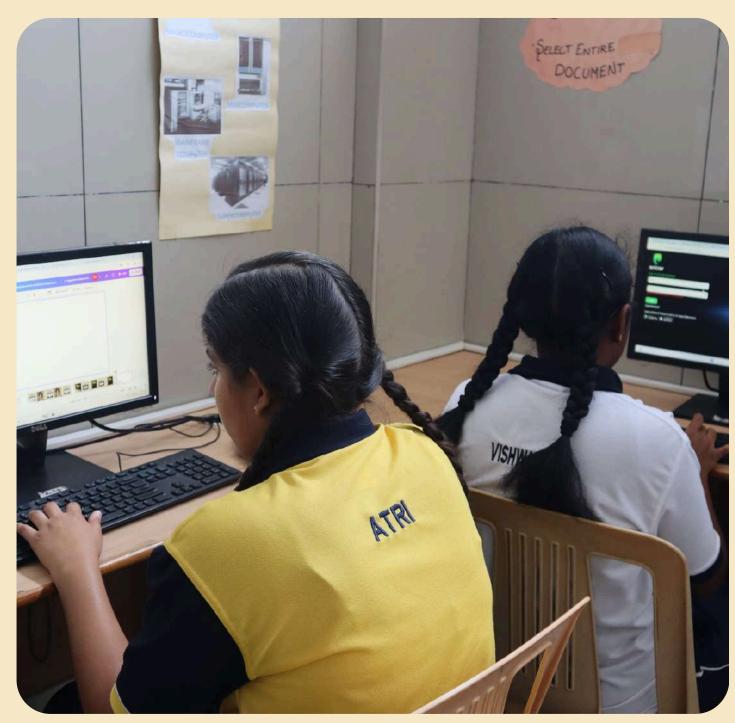


this challenge, we hope to promote bilingual literacy, expose readers to diverse perspectives, and create a community of avid readers who appreciate the beauty and power of words in multiple languages.



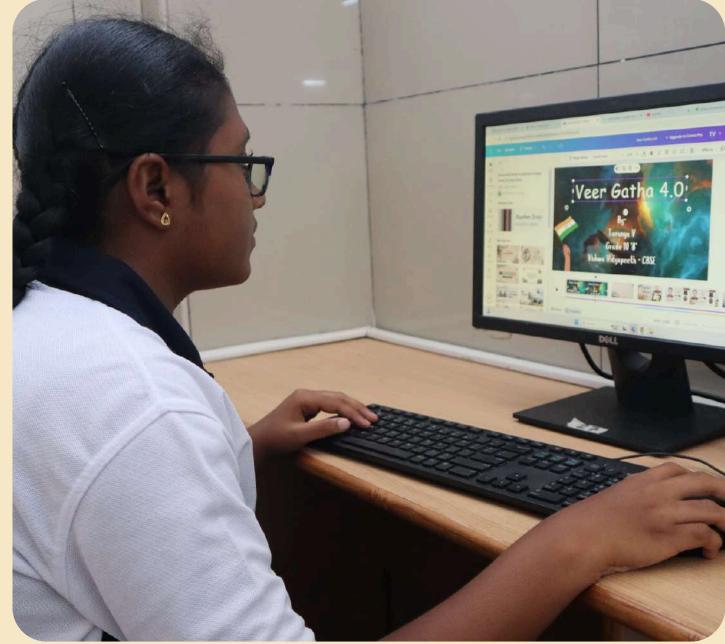
VEERGATHA

Veergatha competition was conducted for students of VVP to promote and preserve the rich cultural heritage of India through storytelling and recitation of epic tales. Through this competition, students are encouraged to delve into the ancient texts and narratives of brave warriors and legendary heroes, thereby instilling a sense of pride and appreciation for our historical traditions. The competition also aims to showcase the creative talents of the students and foster a love for literature and storytelling.











Student Exchange Program-Proto Village"To travel and exchange programs is to open new doors to new cultures, friendships and new perspectives with beauty and strength."

Proto Village is a concept village created by Kalyan Akkipeddi near Anantapur district in Andhra Pradesh. The main idea behind the proto village was to create a community that could sustain itself for an extended period of time. Vishwa Vidyapeeth group of schools is collaborating with the Proto Village under student exchange program. About 60 students from











STUDENT CORNER

THE BIG GAME AND A SECRET DREAM

Today, my friend Arav and I were thrilled to watch the Punjab Kings vs RCB TATA IPL cricket match. We both love cricket, and Arav is a huge fan of RCB, especially Virat Kohli. Arav even made two RCB flags and was shouting "Boo!" at the Punjab Kings.

But our excitement turned to sadness during the ICC World Cup finals when India didn't win. We were so upset that we cried a little, but my mom, who was

watching a science show, just smiled at us. However, our hope was restored when India won in the T20 World Cup, filling us with joy and pride once again.



What my mom doesn't know is that I have a secret dream. While she thinks I'll become a doctor, I really want to be a cricket player like Virat Kohli. After the match, I finally told her about my dream. She listened carefully, and I could see her thinking. Even though I'm not sure what will happen next, I'm determined to follow my passion for cricket.

MAY 08/05/2024

"THE SEARCH FOR THE SPECIAL BOOK"

One afternoon, I was reading The Diary of a Wimpy Kid, my favourite book series. I dreamed of getting another book from the series—Diary of a Wimpy Kid: Do It Yourself. It sounded like so much fun!

I asked my mom if we could find it at the bookstore, but after searching everywhere, we couldn't find it.

We looked online, but it was really expensive. My mom saw how much I wanted it and promised, "When I get my salary, we'll buy it."

Finally, the day came. My mom got her salary and we ordered the book. When it arrived, I was overjoyed! I spent hours enjoying all the fun activities inside. I realized that sometimes waiting makes getting something special even more exciting.



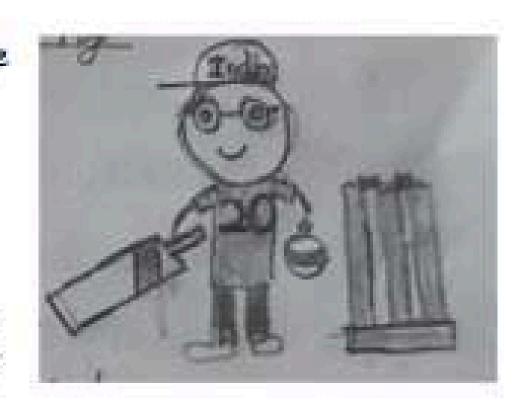


STUDENT CORNER

THE ASPIRING CRICKETER

I have always dreamed of becoming a cricket player because it's the game I love most. My best friend Arav and I would play together every chance we got. But when my mother would not let me join a coaching camp, I decided to learn on my own.

One day, Arav couldn't play because he was out with his family. I practiced alone with my training ball, but without him, it wasn't the same. Bored, I eventually turned to watching TV, wishing I could be on the field, learning and playing.



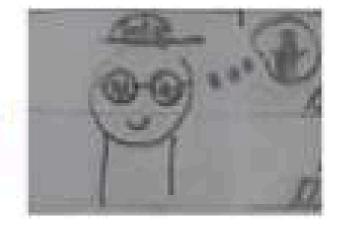
May 06/05/2024

"THE SCIENCE FEST SURPRISE AND DREAMING BIG"

Today at school, my friend Arav was excitedly explaining everything about science, his favorite subject. While science fascinated him, my favorite subject has always been math. Even though we were in the same school, we each had our own passions to pursue. It was during one of our classes that I suddenly realized it was 10:20 am, and I had completely forgotten about the science fest! Panic set in as I remembered I hadn't brought my project. I rushed back to get it and returned just in time.



Our project, which we named "Space Rocket," was a hit. Arav had created some amazing hats and a feedback box, and our stall looked fantastic with all the charts we had made over the last two months. We almost secured the top spot, and after the fest, I found myself thinking about how Arav and I both had dreams—not just in science, but also in becoming real cricket players someday.







Teacher's corner

PERCEPTION-A POWER

"We don't see things as they are, we see them as we are."

Perception is a powerful force in our lives. It shapes how we view the world around us and influences our thoughts, opinions, and actions. The doors of perception are the thresholds through which we see the world, and they can open up new possibilities and perspectives if we allow them to.

One of the most famous quotes on perception comes from author William Blake, who said, "If the doors of perception were cleansed everything would appear to man as it is- infinite." This quote speaks to the idea that our perception is often clouded by biases, prejudices, and preconceived notions. When we are able to see things clearly, without these distortions, we can tap into the infinite potential of the world around us.

Another powerful quote on perception comes from philosopher Aldous Huxley, who wrote, "There are things known and there are things unknown, and in between are the doors of perception." This quote suggests that our perception is a bridge between what we know and what we have yet to discover. By opening up our minds and being willing to see things in new ways, we can unlock doors to new knowledge and understanding.

Perception is not just a passive process of taking in information; it is an active process of interpreting and making sense of the world. Our perception is colored by our own experiences, beliefs, and values, which is why two people can see the same thing but interpret it in very different ways.

In our fast-paced world, it can be easy to fall into patterns of thinking and seeing things in a certain way. But by being open to new perspectives and challenging our own perceptions, we can break free from these limitations and open ourselves up to a richer, more meaningful experience of the world.

So as we go about our daily lives, let us remember to cleanse the doors of our perception, to see things as they truly are, and to embrace the infinite possibilities that lie beyond. Let us be open to new ideas, new experiences, and new ways of seeing the world, for it is through these doors of perception that we can truly expand our horizons and grow as individuals.

Smt.Sulochana M
Dept. of English