



Vishwa Vidyapeeth Group of Schools

NEWSLETTER!

“INVESTITURE

“ Know what sparks the light in you. Then use that light to illuminate the world”

Investiture Ceremony is an occasion, where the newly elected Prefect Body' of Student Council, steps into the leadership role and takes an oath to deliver their duties promptly, thus striving to impact the school community positively, on the path of success.



The band and marching contingent of Vishwa Vidyapeeth, was truly noteworthy as they displayed their collaboration and synchronisation during the marching parade.



The students and the young leaders were enlightened with the ever inspiring words of the Director and the guest of honour. May the newly elected school cabinet work wholeheartedly towards the growing name and fame of the school, prioritising the school motto of 'Discipline'.



ENVIRONMENT DAY

As rightly quoted...."

There can be no life without soil and no soil without life; they have evolved together."

- Charles E. Kellogg

World Environment Day was celebrated at Vishwa Vidyapeeth for all the students to sensitise them on the issues of climate change, conservation, deforestation etc. The students were enlightened about the need and importance of soil.... which gives life and living. They illustrated this with individual and group activities, on the topic **SOIL FOR LIFE.**



The students also carried out projects like 'Nurture with Nature' and 'Birdhouse with feeder' successfully. The activities helped the children hone their creative skills which were above excellence when they depicted them in the forms of drawings, posters, floaters, illustrations, collages, slogan writing, essays and poems.



SAVE THE SOIL INITIATIVE

Save Soil is a global movement launched by Indian spiritual leader Sadhguru to address land degradation and advocate for healthy soil. The initiative was presented on 5 April at the

United Nations in Geneva by the Isha Foundation and supported by the WHO, UN SDG lab, and IUCN

The Takshashila campus of Vishwa Vidyapeeth went abuzz, taking up this responsibility and initiative seriously.

THE STUDENTS OF GRADES V TO XII PARTICIPATED IN VARIOUS ACTIVITIES RELATED TO SOIL FOR LIFE. POETRY WRITING, ESSAY WRITING, POSTERS, COLLAGES, SLOGAN WRITING ETC. WERE MADE AND DESIGNED BY THE ENTHUSIASTIC VVPIANS.





INITIATIVES LIKE THESE,
START WITH CREATING
AWARENESS FIRST. WE AT
VISHWA VIDYAPEETH
HAVE MOVED ON TO THE
STEPPING STONE OF
SUSTAINABILITY BY
ADOPTING THE
SUSTAINABLE
DEVELOPMENT GOALS IN
ORDER TO MAKE THE
EARTH A BETTER PLACE
TO LIVE.



IT IS OUR BELIEF...

"THE SEED THAT WE
SHOW TODAY WILL BEAR THE FRUIT
TOMORROW...!"

YOGA DAY

"WHAT YOU THINK, YOU
BECOME. WHAT YOU FEEL,
YOU ATTRACT. WHAT YOU
IMAGINE, YOU CREATE".

-BUDDHA



IN THE PAST FEW YEARS,
YOGA HAS BECOME ONE OF THE MOST
POPULAR FORMS OF EXERCISE FOR THE
MIND AND THE BODY. YOGA IS DERIVED FROM
THE SANSKRIT WORD 'YOG', WHICH MEANS 'UNION'.

IT IS EXTREMELY BENEFICIAL IN IMPROVING THE
BLOOD FLOW, AGILITY AND ALLOWING ONE TO
ACHIEVE A FEW MOMENTS OF MENTAL CLARITY AND
CALMNESS.

IT IS RELEVANT FOR OUR TIMES IN A SOCIETY THAT IS STILL RECOVERING FROM THE IMPACT OF THE COVID-19 PANDEMIC. THE EFFECT OF THE COVID-19 PANDEMIC WAS NOT JUST PHYSICAL, IT ALSO LEFT A LASTING IMPACT ON PEOPLE'S MENTAL HEALTH, WITH MANY LEFT IN PSYCHOLOGICAL SUFFERING, DEPRESSION, AND ANXIETY. YOGA CAN HELP PEOPLE IN DEALING WITH SUCH CRISES, BOOST IMMUNITY AND HELP TO FIGHT ANY RESPIRATORY DISORDERS.



INTERNATIONAL MUSIC DAY

MUSIC THERAPY HAS
WORKED WONDERS FOR
PEOPLE SUFFERING FROM
MENTAL ILLNESSES, AND
IT CAN ALSO HELP PEOPLE
EXERCISE MORE
EFFECTIVELY.

21ST JUNE IS
CELEBRATED AS
INTERNATIONAL MUSIC
DAY IN THE WORLD AND
IT WAS CELEBRATED IN
VISHWA VIDYAPEETH,
WHERE YOUNG
MUSICIANS PLAYED
MRIDANG, GUITAR,
KEYBOARD AND SUNG
SONG TOO



FATHER'S DAY

FATHER'S DAY IS CELEBRATED ON THE THIRD SUNDAY IN JUNE EVERY YEAR. WHERE WOULD WE BE WITHOUT DADS? THIS DAY IS CELEBRATED TO ACKNOWLEDGE AND APPRECIATE THE ROLE OUR FATHERS PLAYED IN OUR LIVES. CHILDREN LOOK FORWARD TO THIS DAY AND MAKE THEIR FATHERS FEEL SPECIAL WITH GESTURES BOTH BEAUTIFUL AND EMOTIONAL.



6 POWERFUL TIPS FOR GRASPING CONCEPTS EFFECTIVELY

" TELL ME AND I FORGET,
TEACH ME AND I
REMEMBER,
INVOLVE ME AND I WILL
LEARN."



LEARNING BY DOING THINGS, HELPS TO RECALL AND
RETAIN INFORMATION FOR A LONG TERM. IT
ENHANCES THE MEMORY POWER. THE TEACHERS OF
VISHWA VIDYAPEETH HAVE COME UP AND
ELUCIDATED A FEW MOST EFFECTIVE TIPS LIKE...

ALTER PRACTICE SESSIONS
MENTAL ASSOCIATION
BREAK IT DOWN
WRITE IT DOWN
TEACHING OTHERS.





Thank You