



# **II VISHWA VIDYAPEETH II**

Affiliated to CBSE - Aff No. 831033

School Code: 46656

*Becomes the*

## **FIRST NEURAL SCHOOL**

*By implementing the Neural Approach in teaching-learning process*



**Unlocking potential  
through happy hormones**

# *Celebrating* **Fifteen Years of Excellence in Education**



**We are proud to be  
the First Neural School in India.**

C. S. Education Trust was formed during the year 2011 with a vision to provide a well-rounded curriculum, facilities and an environment which empowers both the learner and the educator to reach their maximum potential. We perceive children as an integral part of society. We strive towards holistic development of the child and recognise the imperative need to impart a world-class education.

The first step was taken in the year 2012, by establishing Vishwa Vidyapeeth at Yelahanka, Bengaluru. This school is affiliated to the CISCE Board till Class 12.

The wings of the Institution spread across the curricula, with CIE curriculum being introduced in the year 2016 (now affiliated till AS & A Levels) and a branch at Honnenahalli, Yelahanka with a CBSE curriculum in 2018 (affiliated up to Class 12). We also launched our branch at Varthur with the CBSE curriculum in 2020 (affiliated up to Class 10). The academic year 2025-26 marks the completion of 13 years of excellence.

We felt the need to adopt a new teaching-learning approach to implement the National Education Policy 2020 effectively. After extensive brainstorming, debates, discussions, and research, we began to analyse and accept that we must understand the child first before guiding their growth. But how? This is possible only when we understand a child's brain development, which plays a significant role in the educational process.

# Dasha Prabodha

## Teach 10 skills by Age 10

At Vishwa Vidyapeeth, we recognise that the gap between the theory and practical world today is the lack of skills developed in our young generation. Skill development is a tool to empower our children and to safeguard their future by providing them overall development in today's era of globalization. Education and skills go hand in hand. Helping them to recognize the impact of their actions and teaching them to take up accountability at a young age is the prime motto of incepting "Dasha Prabodha" at Vishwa Vidyapeeth. This step will help children build up their confidence in spoken skills and group collaboration and cooperation.

Quality Education = Knowledge + Skill

- Theatre
- Clay Modeling
- Public Speaking
- Music
- Cooking
- Organic Farming
- Art
- Bhagavad Gita
- Taekwondo
- Woodwork

Dasha Prabodha will nurture a child to be self-dependent, self-directed, self-disciplined and self-motivated.



# What is Neural Education?

Neuroscience is the scientific study of the nervous system, including neuroanatomy, neurobiology, neurochemistry, neurophysiology, neuropharmacology, and its applications in psychology, psychiatry, and neurology.

Neural Education offers a deeper understanding of the brain's amazing capacity. It is a learning method aligned with the way your brain processes information. It optimizes your learning experience by creating a positive mood through self-directed learning, facilitates your brain in embedding new learning into existing knowledge, and enhances information recall speed for "Long-Term potentiation".

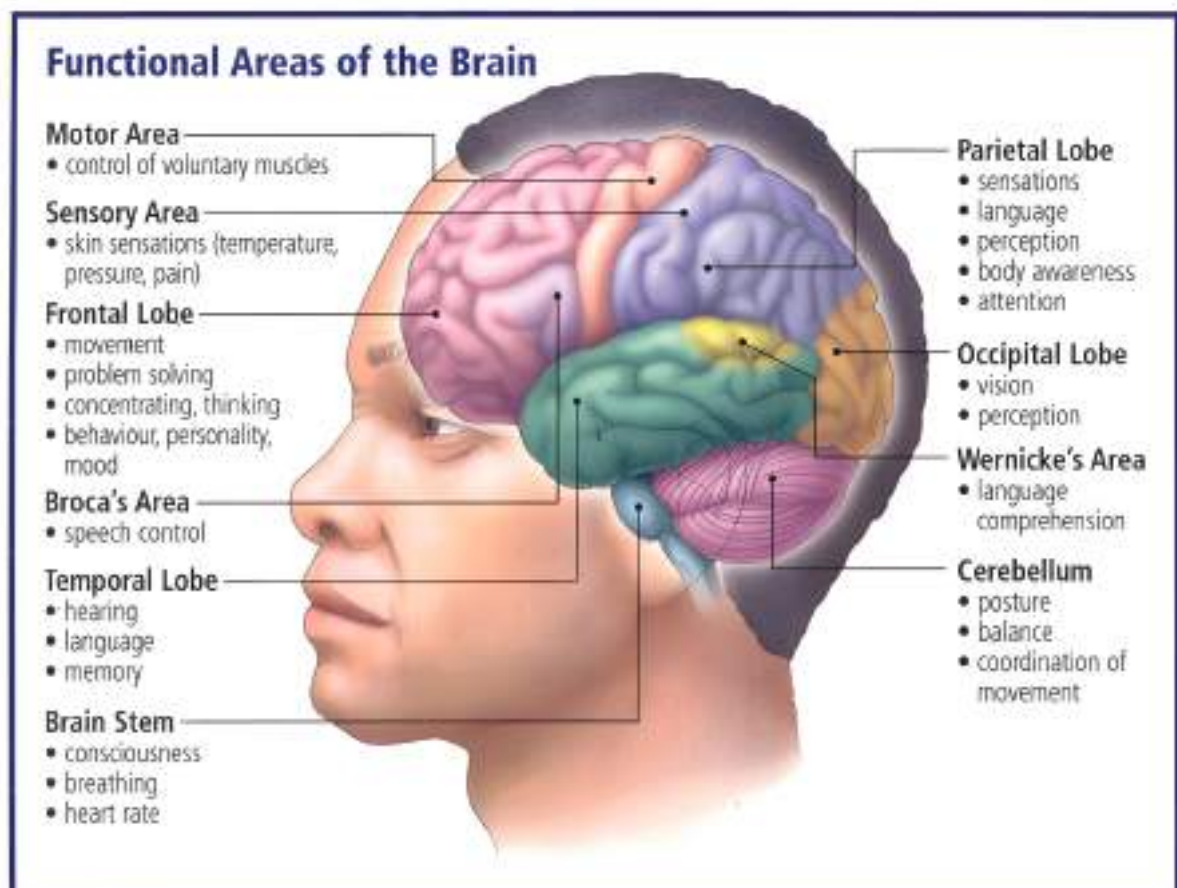
## What is Neuroplasticity?

"Neuroplasticity" refers to the capacity of the nervous system to modify itself, functionally and structurally, in response to experience. Plasticity is a key component of neural development and normal functioning of the nervous system, as well as a response to the changing environment, ageing, or pathological insults. Neuroplasticity enables the brain to reorganize itself by forming new neural connections, helping individuals to better adapt to new situations.

As teachers are educated about child brain development and neuroplasticity, they are able to create a conducive and happy environment that elevates the child's learning curve.

## Structure of Brain

A new paradigm of teaching and learning at VVP which is  
100% aligned to NEP 2020





# Challenge Mosaic



## A poem on 'Challenge Mosaic'

Dear children...  
We'll learn in a new way  
With lots of fun, learning and joy  
'Challenge Mosaic' is the method  
Which lets your ideas flood?

A 'challenge' is posed,  
In the form of picture, puzzle or question mode.  
Think, use your brain and analyse  
Watching a 'disequilibrium' slide

Pen down your 'initial thought'  
Which will have the access to your own  
And then it is 'multiple perspective'  
where I'll take you in a learning ride,  
I'll show you pictures, videos and slides,  
Wait- take a brain break...  
Dance-cross over-shake your leg

Back to studies again,  
Get ready to find 'Resources'  
Read and explore the lesson.  
Discuss with your groupmates  
In 'Reflect and Revise'  
And 'Report Out'-  
What was Surprising?  
What did you know but now see it in a new way?  
What further help do you need?

Ms. Geetanjali Sahoo  
Teacher, Vishwa Vidyapeeth

# Highlights of Neural Education

- Activates all parts of the brain.
- Tries to understand each child's potential and caters to their learning style.
- It ignites curiosity in the child's mind, making the teacher more of a facilitator.
- Recharge centres are available to implement corrective strategies for children.
- The elements of DOSE should be integrated throughout the campus.
- The emphasis is on Co-Creation.
- Orchids are sensitive learners. They need tender love and care. More attention is given to Orchids in many ways, and scaffolding is the prime support. Tulips need guidance and can assimilate instructions faster and more effectively than Orchids. Dandelions are resilient learners. They develop alternate solutions and find their own pathways to succeed in the plans they design. However, educators challenge Dandelions to rise to their fullest potential.
- This kind of education will instill self-discipline in children.

## THE CHEMICALS THAT MAKE YOU HAPPY

### SEROTONIN

#### Mood Stabilizer

More sensitive to diet than any other neurotransmitter

### OXYTOCIN

#### The Love Hormone

Feeling of Trust



### DOPAMINE

#### The Reward Chemical

Released during pleasurable situations

### ENDORPHIN

#### Works as a painkiller

Released after exercise

## What Vishwa Vidyapeeth aims to do with Neural Education?

- Implemented Neural Education as a pattern of teaching and learning from the AY 2022-23.
- Focuses on 'long-term potentiation' (LTP).
- Moves from Teacher-centric to "self-directed".
- Helps us recognise and bring out the hidden talents in children.
- Reduces pressure on the young minds and helps to create a happy environment at school.
- Helps in logical thinking and learning through a trial-and-error approach.
- Helps children learn the skills that are critical for their success in life.

# Success Story of Implementation

Vishwa Vidyapeeth has successfully completed a pilot study of the same for one academic year with the CBSE School at Yelahanka.



Ms. Suseela Santhosh  
Director, Vishwa Vidyapeeth

At our campus, Neural Education is not an add-on to learning; it is the foundation on which learning happens. Every child's brain develops uniquely. Neural Education allows us to understand how students think, feel, absorb, and apply knowledge, rather than expecting all children to learn in the same way. By aligning teaching methodologies with brain science, we move beyond rote learning and create experiences that are meaningful, engaging, and lasting.

# Teacher's Feedback



**Ms. Rajeswari R.**  
**Physics Teacher**

As a physics teacher, I have observed a remarkable shift in the way students engage with and comprehend concepts through Neural Education. The focus moves away from rote application of formulas to active exploration, inquiry and meaningful linkage between theoretical principles and everyday experiences. Lessons are designed in harmony with brain functioning. Joyful learning triggers, short mental breaks, and collaborative interactions create a relaxed and receptive learning atmosphere. Challenging physics topics become more accessible through experiential learning, simulations and skill-oriented practices, which supports brain adaptability and enhances analytical reasoning. This forward-looking approach empowers students to construct their own understanding rather than receiving knowledge in an abstract manner. As a result, students display greater confidence, curiosity and depth of understanding, making the study of physics engaging, relevant and enjoyable.



**Ms. Lakshmi Priya**  
**Biology Teacher**

As a biology teacher, I experience neural education as a way of nurturing curiosity about life rather than delivering information. Students engage with concepts by observing, comparing, predicting and reasoning, which mirrors how biological systems themselves function. Classroom practices are designed to keep the brain alert and emotionally balanced, using movement, reflection pauses and varied learning experiences to sustain interest. Topics that once felt dense - such as cellular processes or body systems - become accessible through sequencing, visualization and hands-on exploration, which support adaptive thinking. Neural education has transformed biology teaching into a learner-centered, engaging, and scientifically effective process, making learning both enjoyable and impactful. This approach allows students to construct meaning through inquiry and evidence instead of passively receiving facts. Over time, students develop stronger understanding, scientific thinking and a genuine appreciation for biology as a dynamic science that explains life and its interconnections.



# Parent's Feedback



**Ms. Akshaya Kamath**  
Mother of  
**Sanchaya Kamat**  
Class VI

Vishwa Vidyapeeth School is a great school for children to study, as they have adopted experiential learning. This helps children develop practical skills enhancing their critical thinking and problem-solving, increasing self-confidence and engagement with peer groups and others. Experiential learning gives the children a good platform to get hands-on experience helping them understand academic concepts better and how to apply them in real-world contexts rather than just reading or listening. The group projects conducted at school foster teamwork, as students learn to express ideas, listen actively, and work effectively with others. This approach helps them develop a wide range of "soft skills" that are highly valued in the real world outside school. It also helps them to develop self-awareness and builds emotional resilience, making them more capable of adapting to challenges. We are glad to have chosen Vishwa Vidyapeeth for our daughter and happy to see the growth in her. We can clearly see the increase in self-confidence, reasoning skills and adapting to new environments much more easily. I sincerely thank all the teachers, administration and management of the school.



**Ms. Neha Shrivastava**  
Mother of  
**Anika Shrivastava**  
Class II

As a parent, I am very happy with the learning environment at Vishwa Vidyapeeth School. The school focuses on learning through experience, which has made a big difference in the way my child understands concepts. Activities, group work and hands-on learning help children think, explore and express themselves with confidence. I can see my child becoming more independent, curious and comfortable while interacting with friends and teachers. This approach has also helped in building good communication skills, emotional strength and adaptability from an early age. We are truly pleased with our decision to choose Vishwa Vidyapeeth School and are grateful to the teachers, staff and management for supporting our child's growth and happiness.

# Student's Feedback



**Mstr. Shivansh Bansal**  
Class VI

My school follows neural learning methods, which have made learning very interesting and meaningful for me. Instead of just memorizing lessons, we are encouraged to think, ask questions and connect ideas, which helps my brain understand concepts more clearly. Our school understands how the brain works and taps into brain functioning in the classroom through happy hormones, happy schooling, brain break activities, and engaging discussions that keep us active and focused. Difficult topics become easier because of cognitive repetition, real-life examples and hands-on activities that help the brain learn better and remember longer. This way of learning has improved my confidence, curiosity and love for learning, as I truly understand what I study. Neural Education has given me better clarity of concepts and helped me enjoy my learning journey every day.



**Mstr. Aarav Gramle**  
Class VII

Learning through Neural Education in my school has been a wonderful and joyful experience. This method focuses on understanding rather than rote learning, which helps my brain grasp concepts in a deeper and clearer way while releasing happy hormones that make learning stress-free and enjoyable. Through interactive activities, discussions and practical examples, lessons become engaging, meaningful and easy to remember. New learning is enhanced by exploring new skills like coding, where problem-solving helps rewire the brain and strengthen thinking abilities. Our school follows a futuristic approach to education by giving students opportunities to explore, experiment and learn actively instead of teaching concepts in an abstract way. Neural learning has helped me think logically, ask questions freely and feel more confident in my studies, making learning enjoyable and strengthening my understanding of every subject.

# Our Campuses



**Vikramashila  
Singanayakanahalli Campus**



**Magadha  
Varthur, Whitefield**



**Takshashila  
Honnenahalli Campus**





## CONTACT US

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